

Y7 - LIFE SKILLS 2020-2021



	Wk1	Wk2	Wk3	Wk4	Wk5	Wk6	Wk7	Wk8	
Half Term 1 (1 st Sept – 23 rd October) 8 weeks	Friendship	Managing Change (New School)	Managing Change (Puberty)	Personal Hygiene	Self-Esteem	Recognising Changes in Mental Health	Body Image & the Media	E-Safety	October Half Term Holiday
Half Term 2 (2 nd November- 18 th December) 7 weeks	Wk9	Wk10	Wk11	Wk12	Wk13	Wk14	Wk15	Christmas Holiday	
	Fire Safety	Alcohol & the Law	Alcohol & Your Health	Smoking Awareness	Safety in the Home	Access to Health Services	Intro to First Aid		
Half Term 3 (4 th January – 12 th February) 6 weeks	Wk16	Wk17	Wk18	Wk19	Wk20	Wk21	February Half Term Holiday	<p>What does this year contribute towards? How does this year deliver the curriculum intent?</p> <p>While this course does not lead to a formal qualification, this first year of study is about building the foundations of knowledge based on the three core themes that spiral throughout the Secondary curriculum; <i>Relationships, Health & Wellbeing and Living in the Wider World.</i></p>	
	Study Skills	Growth Mindset at School	World Conflict	Being a Good Citizen	Fundamental British Values	Fundamental British Values			
Half Term 4 (22 nd February - 26 th March) 5 weeks	Wk22	Wk23	Wk24	Wk25	Wk26	Easter Holiday			
	START	START	START	START	START				
Half Term 5 (12 th April – 28 th May) 7 weeks	Wk27	Wk28	Wk29	Wk30	Wk31	Wk32	Wk33		May Half Term Holiday
	Different Types of Relationships	Staying Safe in Relationships	Marriage	Divorce	Different Types of Families	Coping with loss	Sources of Conflict - Bullying		
Half Term 6 (7 th June – 16 th July) 6 weeks	Wk34	Wk35	Wk36	Wk37	Wk38	Wk39	Summer Holiday		
	Respect – Appreciating Diversity	Respect – Authority	Online vs Reality	Gangs	County Lines	Overview			

Y8 - LIFE SKILLS 2020-2021



	Wk1	Wk2	Wk3	Wk4	Wk5	Wk6	Wk7	Wk8	
Half Term 1 (1 st Sept – 23 rd October) 8 weeks	Coping with Change	Exercise	Importance of Sleep	Healthy Diet	Apprentice Project (x3 lessons)	Apprentice Project (x3 lessons)	Apprentice Project (x3 lessons)	Healthy Lifestyle	October Half Term Holiday
Half Term 2 (2 nd November- 18 th December) 7 weeks	Wk9	Wk10	Wk11	Wk12	Wk13	Wk14	Wk15	Christmas Holiday	
	Drugs & Alcohol Abuse	Addiction (online)	Growth-mindset	Contraception	Sexual Health	Importance of vaccinations	First Aid inc. CPR		
Half Term 3 (4 th January – 12 th February) 6 weeks	Wk16	Wk17	Wk18	Wk19	Wk20	Wk21	February Half Term Holiday	What does this year contribute towards? How does this year deliver the curriculum intent? While this course does not lead to a formal qualification, this second year of study is about building the foundations of knowledge based on the three core themes that spiral throughout the Secondary curriculum; <i>Relationships, Health & Wellbeing and Living in the Wider World.</i>	
	Goal Setting	Where Could My GCSEs Take Me?	Careers (Case Studies)	Careers (Case Studies)	Careers (Case Studies)	Careers (Case Studies)			
Half Term 4 (22 nd February - 26 th March) 5 weeks	Wk22	Wk23	Wk24	Wk25	Wk26	Easter Holiday			
	Employment and Stereotyping	The World of Work	Employment Rights & Responsibilities	The Benefits of Social Media at Work	Where Does My Data Go? GDPR				
Half Term 5 (12 th April – 28 th May) 7 weeks	Wk27	Wk28	Wk29	Wk30	Wk31	Wk32	Wk33		May Half Term Holiday
	Impact of Sexting	Impact of Pornography	Relationship Expectations	Healthy Relationships	Keeping Safe	Consent	Coercive Control		
Half Term 6 (7 th June – 16 th July) 6 weeks	Wk34	Wk35	Wk36	Wk37	Wk38	Wk39	Summer Holiday		
	Teen Pregnancy	Pregnancy Choices (Juno)	Family Breakdown (Safe@Last)	Youth Homelessness (Safe@Last)	Knife Crime	Overview			

Y9 - LIFE SKILLS 2020-2021



	Wk1	Wk2	Wk3	Wk4	Wk5	Wk6	Wk7	Wk8	
Half Term 1 (1 st Sept – 23 rd October) 8 weeks	Stress & Anxiety	Depression	The Stigma surrounding mental health	Bullying	Resilience	Healthy, Balanced Lifestyle	Eating Disorders	Fad Diets	October Half Term Holiday
Half Term 2 (2 nd November- 18 th December) 7 weeks	Contraception	Condom Demo	STIs	Pregnancy	Cancer – Self Examination	Cancer – Self Examination	Emergency First Aid	Christmas Holiday	
Half Term 3 (4 th January – 12 th February) 6 weeks	Options after KS3	Employability Skills	Exploring Pathways – University	Exploring Pathways - Apprenticeships	Exploring Pathways - Industry	Routes into Employment	February Half Term Holiday		What does this year contribute towards? How does this year deliver the curriculum intent? The 3 themes of <i>Relationships, Health & Wellbeing and Living in the Wider World</i> are continued in Y9, and knowledge and skills are developed around issues that can impact on a young persons life and into adulthood.
Half Term 4 (22 nd February - 26 th March) 5 weeks	Money Management - Budgeting	Money Management - Credit	Money Management - Debt	Online Safety - Extremism & Radicalisation	PREVENT	Easter Holiday			
Half Term 5 (12 th April – 28 th May) 7 weeks	LGBTQ	Gender	Relationships in the Media	Assertive Behaviour	Healthy Relationship Choices		Recognising Signs of Abuse	Keeping Safe in Relationships	
Half Term 6 (7 th June – 16 th July) 6 weeks	The Importance of Stable Relationships	Knife Crime	CCE – Grooming	Forced Marriage	HBV-FGM	Overview	Summer Holiday		

Y10 - LIFE SKILLS 2020-2021



	Wk1	Wk2	Wk3	Wk4	Wk5	Wk6	Wk7	Wk8	
Half Term 1 (1 st Sept – 23 rd October) 8 weeks	Self-Awareness	Assertiveness	My Actions & others	Effective Coping Strategies	Screen Time	Aesthetic Procedures	Access to NHS	Importance of Donating (Blood-Organ- Stem Cell)	October Half Term Holiday
Half Term 2 (2 nd November- 18 th December) 7 weeks	Wk9	Wk10	Wk11	Wk12	Wk13	Wk14	Wk15	Christmas Holiday	
	Contraception	STI's (STI game)	HIV & AIDs	Fertility	Dealing with Emergencies	Gambling	Gambling		
Half Term 3 (4 th January – 12 th February) 6 weeks	Wk16	Wk17	Wk18	Wk19	Wk20	Wk21	February Half Term Holiday	What does this year contribute towards? How does this year deliver the curriculum intent? The 3 themes of <i>Relationships, Health & Wellbeing and Living in the Wider World</i> are continued in Y10. As we move into KS4 there is a focus on looking at issues that may arise during adulthood. There is a greater focus on understanding how the issue impacts students on a personal level whilst showing how it also impacts society.	
	Benefits of PT work, Voluntary work & Work Experience	Business online	H&S Safety at Work	Conflict in the Work Environment	Contracts of Employments	Consumer Rights			
Half Term 4 (22 nd February - 26 th March) 5 weeks	Wk22	Wk23	Wk24	Wk25	Wk26	Easter Holiday			
	The Labour Market	Post 16 options	START	START	START				
Half Term 5 (12 th April – 28 th May) 7 weeks	Wk27	Wk28	Wk29	Wk30	Wk31	Wk32	Wk33	May Half Term Holiday	
	Sex on Trial	CCE (County Lines)	Gangs – Knife Crime	Gangs – Knife Crime	Murdered by my Boyfriend	Murdered by my Boyfriend	Domestic Abuse		
Half Term 6 (7 th June – 16 th July) 6 weeks	Wk34	Wk35	Wk36	Wk37	Wk38	Wk39	Summer Holiday		
	Murdered for being Different – Tolerance	Murdered for being Different – Tolerance	Commitment & Pregnancy	Post-Pregnancy Options	Abortion – Moral/Legal	Contraception			

