

Year: 7

Subject: Life Skills

Half Term 1 (4 th Sept – 20 th October) 7 weeks	Wk1	Wk2	Wk3	Wk4	Wk5	Wk6	Wk7	October Half Term Holiday	
	Health & Wellbeing: Transition & Safety								
Half Term 2 (30 st October – 22 nd December) 8 weeks	Wk8	Wk9 ICA	Wk10	Wk11 LC1	Wk12	Wk13 PE	Wk14	Wk15	Christmas Holiday
	Relationships Education: Building Relationships								
Half Term 3 (8 th January – 9 th February) 5 weeks	Wk16	Wk17	Wk18	Wk19	Wk20	February Half Term Holiday			
	Living in the Wider World: Personal Finance								
Half Term 4 (19 th February – 29 th March) 6 weeks	Wk21	Wk22	Wk23	Wk24	Wk25	Wk26	Easter Holiday	Life Skills offers a spiral curriculum built over three core themes; Living in the Wider World, Relationships Education and Health and Wellbeing. Topics build across KS3 and KS4 so students can build on prior knowledge and access an age-appropriate curriculum. Year 7 offers and introduction to these topics.	
	Health & Wellbeing: Health & Puberty								
Half Term 5 (15 th April – 24 th May) 6 weeks	Wk27	Wk28	Wk29	Wk30	Wk31	Wk32	May Half Term Holiday		
	Relationships Education: Relationship Diversity								
Half Term 6 (3 rd June – 19 th July) 7 weeks	Wk33	Wk34	Wk35 ICA	Wk36	Wk37	Wk38 LC2	Wk39	Summer Holiday	
	Living in the Wider World: Developing skills & Aspirations								

Year: 8

Subject: Life Skills

Half Term 1 (4 th Sept – 20 th October) 7 weeks	Wk1	Wk2	Wk3	Wk4	Wk5	Wk6	Wk7	October Half Term Holiday	
	Living in the Wider World: Digital literacy								
Half Term 2 (30 st October – 22 nd December) 8 weeks	Wk8	Wk9	Wk10 ICA	Wk11	Wk12 LC1	Wk13	Wk14	Wk15	Christmas Holiday
	Health & Wellbeing: Emotional Wellbeing								
Half Term 3 (8 th January – 9 th February) 5 weeks	Wk16	Wk17	Wk18	Wk19	Wk20	February Half Term Holiday			
	Relationships Education: Discrimination								
Half Term 4 (19 th February – 29 th March) 6 weeks	Wk21	Wk22	Wk23	Wk24	Wk25	Wk26	Easter Holiday	Life Skills offers a spiral curriculum built over three core themes; Living in the Wider World, Relationships Education and Health and Wellbeing. Topics build across KS3 and KS4 so students can build on prior knowledge and access an age-appropriate curriculum. Year 8 builds on prior knowledge of mental health and emotional wellbeing, and relationship diversity.	
	Living in the Wider World: Politics & parliament								
Half Term 5 (15 th April – 24 th May) 6 weeks	Wk27 PE	Wk28	Wk29	Wk30	Wk31	Wk32	May Half Term Holiday		
	Relationships Education: Identity & relationships								
Half Term 6 (3 rd June – 19 th July) 7 weeks	Wk33	Wk34	Wk35 ICA	Wk36	Wk37	Wk38 LC2	Wk39	Summer Holiday	
	Health & Wellbeing: Drugs & alcohol								

Year: 8 APB

Subject: Life Skills

Half Term 1 (4 th Sept – 20 th October) 7 weeks	Wk1	Wk2	Wk3	Wk4	Wk5	Wk6	Wk7	October Half Term Holiday	
	Living in the Wider World: Digital literacy								
Half Term 2 (30 st October – 22 nd December) 8 weeks	Wk8	Wk9	Wk10 ICA	Wk11	Wk12 LC1	Wk13	Wk14	Wk15	Christmas Holiday
	Health & Wellbeing: Emotional Wellbeing								
Half Term 3 (8 th January – 9 th February) 5 weeks	Wk16	Wk17	Wk18	Wk19	Wk20	February Half Term Holiday			
	Relationships Education: Discrimination								
Half Term 4 (19 th February – 29 th March) 6 weeks	Wk21	Wk22	Wk23	Wk24	Wk25	Wk26	Easter Holiday	Life Skills offers a spiral curriculum built over three core themes; Living in the Wider World, Relationships Education and Health and Wellbeing. Topics build across KS3 and KS4 so students can build on prior knowledge and access an age-appropriate curriculum. Year 8 builds on prior knowledge of mental health and emotional wellbeing, and relationship diversity.	
	Living in the Wider World: Politics & parliament								
Half Term 5 (15 th April – 24 th May) 6 weeks	Wk27 PE	Wk28	Wk29	Wk30	Wk31	Wk32	May Half Term Holiday		
	Relationships Education: Identity & relationships								
Half Term 6 (3 rd June – 19 th July) 7 weeks	Wk33	Wk34	Wk35 ICA	Wk36	Wk37	Wk38 LC2	Wk39	Summer Holiday	
	Health & Wellbeing: Drugs & alcohol								

Year: 9

Subject: Life Skills

Half Term 1 (4 th Sept – 20 th October) 7 weeks	Wk1	Wk2	Wk3	Wk4	Wk5	Wk6	Wk7	October Half Term Holiday			
	Health & Wellbeing: Healthily lifestyle										
Half Term 2 (30 st October – 22 nd December) 8 weeks	Wk8 ICA	Wk9	Wk10 LC1	Wk11	Wk12 PE	Wk13	Wk14	Wk15	Christmas Holiday		
	Relationships education: Respectful relationships										
Half Term 3 (8 th January – 9 th February) 5 weeks	Wk16	Wk17	Wk18	Wk19	Wk20	February Half Term Holiday					
	Living in the Wider World: Setting goals & the future										
Half Term 4 (19 th February – 29 th March) 6 weeks	Wk21 ICA	Wk22	Wk23 LC2	Wk24	Wk25	Wk26	Easter Holiday	Life Skills offers a spiral curriculum built over three core themes; Living in the Wider World, Relationships Education and Health and Wellbeing. Topics build across KS3 and KS4 so students can build on prior knowledge and access an age-appropriate curriculum. Year 8 builds on prior knowledge in careers, focusing on the options process and next steps. Healthy lifestyles is explored at an age-appropriate level.			
	Relationships education: Intimate relationships										
Half Term 5 (15 th April – 24 th May) 6 weeks	Wk27	Wk28	Wk29	Wk30	Wk31	Wk32	May Half Term Holiday				
	Health & Wellbeing: Influence										
Half Term 6 (3 rd June – 19 th July) 7 weeks	Wk33	Wk34	Wk35	Wk36	Wk37	Wk38	Wk39			Summer Holiday	
	Living in the Wider World: Employability Skills										

Year: 9 APB

Subject: Life Skills

Half Term 1 (4 th Sept – 20 th October) 7 weeks	Wk1	Wk2	Wk3	Wk4	Wk5	Wk6	Wk7	October Half Term Holiday	
	Health & Wellbeing: Transition & Safety			Health & Wellbeing: Healthily lifestyle					
Half Term 2 (30 st October – 22 nd December) 8 weeks	Wk8 ICA	Wk9	Wk10 LC1	Wk11	Wk12 PE	Wk13	Wk14	Wk15	Christmas Holiday
	Relationships education: Respectful relationships + Sexual Health								
Half Term 3 (8 th January – 9 th February) 5 weeks	Wk16	Wk17	Wk18	Wk19	Wk20	February Half Term Holiday			
	Living in the Wider World: Setting goals & future careers aspirations								
Half Term 4 (19 th February – 29 th March) 6 weeks	Wk21 ICA	Wk22	Wk23 LC2	Wk24	Wk25	Wk26	Easter Holiday	Life Skills offers a spiral curriculum built over three core themes; Living in the Wider World, Relationships Education and Health and Wellbeing. Topics build across KS3 and KS4 so students can build on prior knowledge and access an age-appropriate curriculum. Year 9 APB cover a wealth of topics reflective of the needs in the wider community.	
	Relationships Education: Discrimination			Relationships education: Intimate relationships					
Half Term 5 (15 th April – 24 th May) 6 weeks	Wk27	Wk28	Wk29	Wk30	Wk31	Wk32	May Half Term Holiday		
	Health & Wellbeing: Health & Puberty			Health & Wellbeing: Influence					
Half Term 6 (3 rd June – 19 th July) 7 weeks	Wk33	Wk34	Wk35	Wk36	Wk37	Wk38	Wk39	Summer Holiday	
	Living in the Wider World: Personal finance				Living in the Wider World: Digital literacy				

Year: 10

Subject: Life Skills

Half Term 1 (4 th Sept – 20 th October) 7 weeks	Wk1	Wk2	Wk3	Wk4	Wk5	Wk6 IILDD	Wk7	October Half Term Holiday	
	Living in the Wider World: World of Work								
Half Term 2 (30 st October – 22 nd December) 8 weeks	Wk8	Wk9	Wk10	Wk11	Wk12	Wk13	Wk14	Wk15	Christmas Holiday
	Health & Wellbeing: Exploring influence								
Half Term 3 (8 th January – 9 th February) 5 weeks	Wk16 ICA	Wk17	Wk18 LC1	Wk19	Wk20 PE	February Half Term Holiday			
	Relationships education: Healthy relationships								
Half Term 4 (19 th February – 29 th March) 6 weeks	Wk21	Wk22	Wk23	Wk24	Wk25	Wk26	Easter Holiday	Life Skills offers a spiral curriculum built over three core themes; Living in the Wider World, Relationships Education and Health and Wellbeing. Topics build across KS3 and KS4 so students can build on prior knowledge and access an age-appropriate curriculum. Year 10 build on prior knowledge in personal finance and reflect on the world of work. Influence and mental health are explored at an age-appropriate level.	
	Relationships Education: Addressing extremism & radicalisation								
Half Term 5 (15 th April – 24 th May) 6 weeks	Wk27	Wk28	Wk29	Wk30	Wk31	Wk32	May Half Term Holiday		
	Health & Wellbeing: Mental health								
Half Term 6 (3 rd June – 19 th July) 7 weeks	Wk33	Wk34	Wk35	Wk36 Trial	Wk37 Trial	Wk38	Wk39 LC2	Summer Holiday	
	Living in the Wider World: Financial decision making								

Year: 10 APB

Subject: Life Skills

Half Term 1 (4 th Sept – 20 th October) 7 weeks	Wk1	Wk2	Wk3	Wk4	Wk5	Wk6ILDD	Wk7	October Half Term Holiday	
	Living in the Wider World: World of Work								
Half Term 2 (30 st October – 22 nd December) 8 weeks	Wk8	Wk9	Wk10	Wk11	Wk12	Wk13	Wk14	Wk15	Christmas Holiday
	Health & Wellbeing: Exploring influence								
Half Term 3 (8 th January – 9 th February) 5 weeks	Wk16ICA	Wk17	Wk18LC1	Wk19	Wk20PE	February Half Term Holiday			
	Relationships education: Healthy relationships								
Half Term 4 (19 th February – 29 th March) 6 weeks	Wk21	Wk22	Wk23	Wk24	Wk25	Wk26	Easter Holiday	Life Skills offers a spiral curriculum built over three core themes; Living in the Wider World, Relationships Education and Health and Wellbeing. Topics build across KS3 and KS4 so students can build on prior knowledge and access an age-appropriate curriculum. Year 10 build on prior knowledge in personal finance and reflect on the world of work. Influence and mental health are explored at an age-appropriate level.	
	Relationships Education: Addressing extremism & radicalisation								
Half Term 5 (15 th April – 24 th May) 6 weeks	Wk27	Wk28	Wk29	Wk30	Wk31	Wk32	May Half Term Holiday		
	Health & Wellbeing: Mental health								
Half Term 6 (3 rd June – 19 th July) 7 weeks	Wk33	Wk34	Wk35	Wk36Trial	Wk37Trial	Wk38	Wk39LC2	Summer Holiday	
	Living in the Wider World: Financial decision making								

Year: 11

Subject: Life Skills

Half Term 1 (4 th Sept – 20 th October) 7 weeks	Wk1	Wk2	Wk3	Wk4	Wk5 IDC	Wk6 LC1	Wk7 PE	October Half Term Holiday	
	Health & Wellbeing: Building for the future								
Half Term 2 (30 st October – 22 nd December) 8 weeks	Wk8	Wk9	Wk10 Trial	Wk11 Trial	Wk12	Wk13	Wk14 LC2	Wk15	Christmas Holiday
	Living in the Wider World: Next steps								
Half Term 3 (8 th January – 9 th February) 5 weeks	Wk16	Wk17	Wk18	Wk19 Trial	Wk20 Trial	February Half Term Holiday			
	Relationships education: Communication in relationships								
Half Term 4 (19 th February – 29 th March) 6 weeks	Wk21 Trial	Wk22	Wk23	Wk24 LC3	Wk25 PE	Wk26	Easter Holiday	Life Skills offers a spiral curriculum built over three core themes; Living in the Wider World, Relationships Education and Health and Wellbeing. Topics build across KS3 and KS4 so students can build on prior knowledge and access an age-appropriate curriculum. Year 11 reflect on next steps and build on independent health choices at an age-appropriate level.	
	Health & Wellbeing: Independent health choices								
Half Term 5 (15 th April – 24 th May) 6 weeks	Wk27	Wk28	Wk29	Wk30	Wk31 Exam	Wk32 Exam	May Half Term Holiday		
	Relationships education: Families								
Half Term 6 (3 rd June – 19 th July) 7 weeks	Wk33 Exam	Wk34 Exam	Wk35 Exam	Wk36	Wk37	Wk38	Wk39	Summer Holiday	