

**Year: 7 Girls      Subject: PE**

Diagram illustrating three groups: Group 1 (yellow), Group 2 (blue), and Group 3 (green).

|   |                     |                     |          |           |      |                                   |                              |                                  |  |
|---|---------------------|---------------------|----------|-----------|------|-----------------------------------|------------------------------|----------------------------------|--|
| <b>Half Term 1</b><br>(4 <sup>th</sup> Sept – 20 <sup>th</sup> October)<br>7 weeks      | Wk1                 | Wk2                 | Wk3      | Wk4       | Wk5  | Wk6                               | Wk7                          | <b>October Half Term Holiday</b> |  |
|   | Baseline            |                     | Gym      |           |      | Netball                           |                              |                                  |  |
|   |                     |                     | Fitness  |           |      | Football                          |                              |                                  |  |
|   |                     |                     | Dance    |           |      | Tag Rugby                         |                              |                                  |  |
| <b>Half Term 2</b><br>(30 <sup>st</sup> October – 22 <sup>nd</sup> December)<br>8 weeks | Wk8                 | Wk9 ICA             | Wk10     | Wk11 LC1  | Wk12 | Wk13 PE                           | Wk14                         | Wk15                             | <b>Christmas Holiday</b>   |
|   | Netball             | Dance               |          |           |      | Tag Rugby                         |                              | House Activities                 |  |
|   | Football            | Gym                 |          |           |      | Netball                           |                              |                                  |  |
|   | Tag Rugby           | Fitness/Core Skills |          |           |      | Football                          |                              |                                  |  |
| <b>Half Term 3</b><br>(8 <sup>th</sup> January – 9 <sup>th</sup> February)<br>5 weeks   | Wk16                | Wk17                | Wk18     | Wk19      | Wk20 | <b>February Half Term Holiday</b> |                              |                                  |  |
|   | Tag Rugby           |                     | Fitness  |           |      |                                   |                              |                                  |  |
|   | Netball             |                     | Dance    |           |      |                                   |                              |                                  |  |
|   | Football            |                     | Gym      |           |      |                                   |                              |                                  |  |
| <b>Half Term 4</b><br>(19 <sup>th</sup> February – 29 <sup>th</sup> March)<br>6 weeks   | Wk21                | Wk22                | Wk23     | Wk24      | Wk25 | Wk26                              | House Activities             | <b>Easter Holiday</b>            | <b>What does this year contribute towards? How does this year deliver the curriculum intent?</b><br>In year 7 you will be learning the key skills needed to be successful in sport. You will develop your character, knowledge of fitness and ability to perform under pressure. You will complete 9 different activities, plus house activities to score points for your house<br><b>Indicates a key assessment</b> <span></span> |
|   | Fitness             | Football            |          |           |      |                                   |                              |                                  |  |
|   | Dance               | Tag Rugby           |          |           |      |                                   |                              |                                  |  |
|   | Gym                 | Netball             |          |           |      |                                   |                              |                                  |  |
| <b>Half Term 5</b><br>(15 <sup>th</sup> April – 24 <sup>th</sup> May)<br>6 weeks        | Wk27                | Wk28                | Wk29     | Wk30      | Wk31 | Wk32                              | <b>May Half Term Holiday</b> |                                  |  |
|   | Rounders            |                     |          | Athletics |      |                                   |                              |                                  |  |
|   | Rounders            |                     |          | Tennis    |      |                                   |                              |                                  |  |
|   | Athletics           |                     |          |           |      |                                   |                              |                                  |  |
| <b>Half Term 6</b><br>(3 <sup>rd</sup> June – 19 <sup>th</sup> July)<br>7 weeks         | Wk33                | Wk34                | Wk35 ICA | Wk36      | Wk37 | Wk38 LC2                          | Wk39                         | House Activities                 | <b>Summer Holiday</b>  |
|   | Athletics           |                     |          | Tennis    |      |                                   |                              |                                  |  |
|   | Athletics           |                     |          |           |      |                                   |                              |                                  |  |
|   | Fitness/Core Skills |                     |          |           |      |                                   |                              |                                  |  |


**Year: 7 Boys      Subject: PE**

Group 1

Group 2

Group 3

|   |                        |                        |          |                       |      |                                   |                       |                                  |  |                       |
|---|------------------------|------------------------|----------|-----------------------|------|-----------------------------------|-----------------------|----------------------------------|--|-----------------------|
| <b>Half Term 1</b><br>(4 <sup>th</sup> Sept – 20 <sup>th</sup> October)<br>7 weeks      | Wk1                    | Wk2                    | Wk3      | Wk4                   | Wk5  | Wk6                               | Wk7                   | <b>October Half Term Holiday</b> |  |                       |
|   | Baseline               |                        | Rugby    |                       |      |                                   |                       |                                  |  |                       |
|   |                        |                        | Rugby    |                       |      |                                   |                       |                                  |  |                       |
|   |                        |                        | Rugby    |                       |      | Gymnastics                        |                       |                                  |  |                       |
| <b>Half Term 2</b><br>(30 <sup>st</sup> October – 22 <sup>nd</sup> December)<br>8 weeks | Wk8                    | Wk9 ICA                | Wk10     | Wk11 LC1              | Wk12 | Wk13 PE                           | Wk14                  | Wk15                             | <b>Christmas Holiday</b>   |                       |
|   | Rugby                  | Football               |          |                       |      | Health Related Fitness            |                       | House Activities                 |  |                       |
|   | Rugby                  | Handball               |          |                       |      | Gymnastics                        |                       |                                  |  |                       |
|   | Gymnastics             | Football               |          |                       |      | Skills for Sport                  |                       |                                  |  |                       |
| <b>Half Term 3</b><br>(8 <sup>th</sup> January – 9 <sup>th</sup> February)<br>5 weeks   | Wk16                   | Wk17                   | Wk18     | Wk19                  | Wk20 | <b>February Half Term Holiday</b> |                       |                                  |  |                       |
|   | Health Related Fitness |                        | Handball |                       |      |                                   |                       |                                  |  |                       |
|   | Gymnastics             |                        | Football |                       |      |                                   |                       |                                  |  |                       |
|   | Skills for Sport       |                        | Handball |                       |      |                                   |                       |                                  |  |                       |
| <b>Half Term 4</b><br>(19 <sup>th</sup> February – 29 <sup>th</sup> March)<br>6 weeks   | Wk21                   | Wk22                   | Wk23     | Wk24                  | Wk25 | Wk26                              | House Activities      | Easter Holiday                   | <b>What does this year contribute towards? How does this year deliver the curriculum intent?</b><br>In year 7 you will be learning the key skills needed to be successful in sport. You will develop your character, knowledge of fitness and ability to perform under pressure. You will complete 9 different activities, plus house activities to score points for your house. |                       |
|   | Handball               | Gymnastics             |          |                       |      |                                   |                       |                                  |  |                       |
|   | Football               | Health Related Fitness |          |                       |      |                                   |                       |                                  |  |                       |
|   | Handball               | Health Related Fitness |          |                       |      |                                   |                       |                                  |  |                       |
| <b>Half Term 5</b><br>(15 <sup>th</sup> April – 24 <sup>th</sup> May)<br>6 weeks        | Wk27                   | Wk28                   | Wk29     | Wk30                  | Wk31 | Wk32                              | May Half Term Holiday |                                  |  |                       |
|   | Athletics              |                        |          |                       |      |                                   |                       |                                  |  |                       |
|   | Tennis                 |                        |          | Striking and Fielding |      |                                   |                       |                                  |  |                       |
|   | Athletics              |                        |          |                       |      |                                   |                       |                                  |  |                       |
| <b>Half Term 6</b><br>(3 <sup>rd</sup> June – 19 <sup>th</sup> July)<br>7 weeks         | Wk33                   | Wk34                   | Wk35 ICA | Wk36                  | Wk37 | LC2 Wk38                          | Wk39                  | House Activities                 |  | <b>Summer Holiday</b> |
|   | Tennis                 |                        |          | Striking and Fielding |      |                                   |                       |                                  |  |                       |
|   | Athletics              |                        |          |                       |      |                                   |                       |                                  |  |                       |
|   | Striking and Fielding  |                        |          |                       |      |                                   |                       |                                  |  |                       |

| Year: 8 Girls      Subject: PE  |                       |                     |          |                       |          |                                   | Group 1                      | Group 2   | Group 3                  |
|---|-----------------------|---------------------|----------|-----------------------|----------|-----------------------------------|------------------------------|---|--------------------------|
| <b>Half Term 1</b><br>(4 <sup>th</sup> Sept – 20 <sup>th</sup> October)<br>7 weeks      | Wk1                   | Wk2                 | Wk3      | Wk4                   | Wk5      | Wk6                               | Wk7                          | <b>October Half Term Holiday</b>  |                          |
|   | Gymnastics            |                     |          |                       | Netball  |                                   |                              |   |                          |
|   | Fitness               |                     |          |                       | Football |                                   |                              |   |                          |
|   | Dance                 |                     |          |                       | Hockey   |                                   |                              |   |                          |
| <b>Half Term 2</b><br>(30 <sup>st</sup> October – 22 <sup>nd</sup> December)<br>8 weeks | Wk8                   | Wk9                 | Wk10 ICA | Wk11                  | Wk12 LC1 | Wk13 PE                           | Wk14                         | Wk15  | <b>Christmas Holiday</b> |
|   | Netball               | Dance               |          |                       |          | Hockey                            |                              | <b>House Activities</b>   |                          |
|   | Football              | Gym                 |          |                       |          | Netball                           |                              |   |                          |
|   | Hockey                | Fitness/Core Skills |          |                       |          | Football                          |                              |   |                          |
| <b>Half Term 3</b><br>(8 <sup>th</sup> January – 9 <sup>th</sup> February)<br>5 weeks   | Wk16                  | Wk17                | Wk18     | Wk19                  | Wk20     | <b>February Half Term Holiday</b> |                              |   |                          |
|   | Hockey                |                     | Fitness  |                       |          |                                   |                              |   |                          |
|   | Netball               |                     | Dance    |                       |          |                                   |                              |   |                          |
|   | Football              |                     | Gym      |                       |          |                                   |                              |   |                          |
| <b>Half Term 4</b><br>(19 <sup>th</sup> February – 29 <sup>th</sup> March)<br>6 weeks   | Wk21                  | Wk22                | Wk23     | Wk24                  | Wk25     | Wk26                              | <b>Easter Holiday</b>        | <b>What does this year contribute towards? How does this year deliver the curriculum intent?</b><br>In year 8 will refine the skills you learnt in year 7, while developing tactics, evaluation skills and improve your performance even further. You will have the opportunity to try new activities like team building and orienteering, while mastering others you have tried before.<br><b>Indicates a key assessment</b>  |                          |
|   | Fitness               | Hockey              |          |                       |          | <b>House Activities</b>           |                              |   |                          |
|   | Dance                 | Hockey              |          |                       |          |                                   |                              |   |                          |
|   | Gym                   | Netball             |          |                       |          |                                   |                              |   |                          |
| <b>Half Term 5</b><br>(15 <sup>th</sup> April – 24 <sup>th</sup> May)<br>6 weeks        | Wk27 PE               | Wk28                | Wk29     | Wk30                  | Wk31     | Wk32                              | <b>May Half Term Holiday</b> |   |                          |
|   | Athletics             |                     |          |                       |          |                                   |                              |   |                          |
|   | Team Building         |                     |          | Athletics             |          |                                   |                              |   |                          |
|   | Athletics             |                     |          |                       |          |                                   |                              |   |                          |
| <b>Half Term 6</b><br>(3 <sup>rd</sup> June – 19 <sup>th</sup> July) 7 weeks            | Wk33                  | Wk34                | Wk35 ICA | Wk36                  | Wk37     | Wk38 LC2                          | Wk39                         | <b>Summer Holiday</b>   |                          |
|   | Striking and Fielding |                     |          | Team Building         |          |                                   | <b>House Activities</b>      |   |                          |
|   | Athletics             |                     |          | Striking and Fielding |          |                                   |                              |   |                          |
|   | Team Building         |                     |          | Striking and Fielding |          |                                   |                              |   |                          |

**Year: 8 Boys      Subject: PE**

Group 1

Group 2

Group 3

|   |                       |                |                       |      |                       |                                   |                              |  |                          |
|---|-----------------------|----------------|-----------------------|------|-----------------------|-----------------------------------|------------------------------|--|--------------------------|
| <b>Half Term 1</b><br>(4 <sup>th</sup> Sept – 20 <sup>th</sup> October)<br>7 weeks      | Wk1                   | Wk2            | Wk3                   | Wk4  | Wk5                   | Wk6                               | Wk7                          | <b>October Half Term Holiday</b>   |                          |
|   | Rugby                 |                |                       |      | Problemsolving        |                                   |                              |  |                          |
|   | Rugby                 |                |                       |      | Fitness               |                                   |                              |  |                          |
|   | Handball              |                |                       |      | Gymnastics            |                                   |                              |  |                          |
| <b>Half Term 2</b><br>(30 <sup>st</sup> October – 22 <sup>nd</sup> December)<br>8 weeks | Wk8                   | Wk9            | Wk10 <sup>ICA</sup>   | Wk11 | Wk12 <sup>LC1</sup>   | Wk13 <sup>PE</sup>                | Wk14                         | Wk15   | <b>Christmas Holiday</b> |
|   | Problemsolving        | Football       |                       |      |                       | Gymnastics                        |                              | <b>House Activities</b>  |                          |
|   | Fitness               | Football       |                       |      |                       | ProblemSolving                    |                              |  |                          |
|   | Gymnastics            | Rugby          |                       |      |                       | Fitness                           |                              |  |                          |
| <b>Half Term 3</b><br>(8 <sup>th</sup> January – 9 <sup>th</sup> February)<br>5 weeks   | Wk16                  | Wk17           | Wk18                  | Wk19 | Wk20                  | <b>February Half Term Holiday</b> |                              |  |                          |
|   | Gymnastics            |                | Handball              |      |                       |                                   |                              |  |                          |
|   | ProblemSolving        |                | Handball              |      |                       |                                   |                              |  |                          |
|   | Fitness               |                | Football              |      |                       |                                   |                              |  |                          |
| <b>Half Term 4</b><br>(19 <sup>th</sup> February – 29 <sup>th</sup> March)<br>6 weeks   | Wk21                  | Wk22           | Wk23                  | Wk24 | Wk25                  | Wk26                              | <b>Easter Holiday</b>        | <b>What does this year contribute towards? How does this year deliver the curriculum intent?</b><br>In year 8 will refine the skills you learnt in year 7, while developing tactics, evaluation skills and improve your performance even further. You will have the opportunity to try new activities like team building and orienteering, while mastering others you have tried before. |                          |
|   | Handball              | Fitness        |                       |      |                       | <b>House Activities</b>           |                              |  |                          |
|   | Handball              | Gymnastics     |                       |      |                       |                                   |                              |  |                          |
|   | Football              | ProblemSolving |                       |      |                       |                                   |                              |  |                          |
| <b>Half Term 5</b><br>(15 <sup>th</sup> April – 24 <sup>th</sup> May)<br>6 weeks        | Wk27 <sup>PE</sup>    | Wk28           | Wk29                  | Wk30 | Wk31                  | Wk32                              | <b>May Half Term Holiday</b> |  |                          |
|   | Athletics             |                |                       |      | Tennis                |                                   |                              |  |                          |
|   | Tennis                |                |                       |      | Athletics             |                                   |                              |  |                          |
|   | Athletics             |                |                       |      | Striking and Fielding |                                   |                              |  |                          |
| <b>Half Term 6</b><br>(3 <sup>rd</sup> June – 19 <sup>th</sup> July) 7 weeks            | Wk33                  | Wk34           | Wk35 <sup>ICA</sup>   | Wk36 | Wk37                  | Wk38 <sup>LC2</sup>               | Wk39                         | <b>Summer Holiday</b>  |                          |
|   | Tennis                |                | Striking and Fielding |      |                       |                                   | <b>House Activities</b>      |  |                          |
|   | Athletics             |                | Striking and Fielding |      |                       |                                   |                              |  |                          |
|   | Striking and Fielding |                | Tennis                |      |                       |                                   |                              |  |                          |

**Year: 9 Boys      Subject: PE**

Group 1

Group 2

Group 3

|   |                           |            |                       |      |                           |                                   |                              |  |                          |
|---|---------------------------|------------|-----------------------|------|---------------------------|-----------------------------------|------------------------------|--|--------------------------|
| <b>Half Term 1</b><br>(4 <sup>th</sup> Sept – 20 <sup>th</sup> October)<br>7 weeks      | Wk1                       | Wk2        | Wk3                   | Wk4  | Wk5                       | Wk6                               | Wk7                          | <b>October Half Term Holiday</b>   |                          |
|   | Kaya king                 |            |                       |      | Rugby                     |                                   |                              |  |                          |
|   | Rugby                     |            |                       |      | HRF                       |                                   |                              |  |                          |
|   | Football                  |            |                       |      | Climbing                  |                                   |                              |  |                          |
| <b>Half Term 2</b><br>(30 <sup>st</sup> October – 22 <sup>nd</sup> December)<br>8 weeks | Wk8 ICA                   | Wk9        | Wk10 LC1              | Wk11 | Wk12 PE                   | Wk13                              | Wk14                         | Wk15   | <b>Christmas Holiday</b> |
|   | Rugby                     | Handball   |                       |      |                           | Climbing                          |                              | <b>House Activities</b>  |                          |
|   | HRF                       | Football   |                       |      |                           | Gymnastics                        |                              |  |                          |
|   | Climbing                  | Rugby      |                       |      |                           | HRF                               |                              |  |                          |
| <b>Half Term 3</b><br>(8 <sup>th</sup> January – 9 <sup>th</sup> February)<br>5 weeks   | Wk16                      | Wk17       | Wk18                  | Wk19 | Wk20                      | <b>February Half Term Holiday</b> |                              |  |                          |
|   | Climbing                  |            | Football              |      |                           |                                   |                              |  |                          |
|   | Gymnastics                |            | Handball              |      |                           |                                   |                              |  |                          |
|   | HRF                       |            | Hockey                |      |                           |                                   |                              |  |                          |
| <b>Half Term 4</b><br>(19 <sup>th</sup> February – 29 <sup>th</sup> March)<br>6 weeks   | Wk21 ICA                  | Wk22       | Wk23 LC2              | Wk24 | Wk25                      | Wk26                              | <b>Easter Holiday</b>        | <b>What does this year contribute towards? How does this year deliver the curriculum intent?</b><br>In year9 you will begin to master the skills, techniques and tactics in the activities you have completed for a 3 <sup>rd</sup> time. This repetition and practice will help prepare you for further study at Year 10+11. You will also get to climb and Kayak for the first time. |                          |
|   | Football                  | HRF        |                       |      |                           | <b>House Activities</b>           |                              |  |                          |
|   | Handball                  | Climbing   |                       |      |                           |                                   |                              |  |                          |
|   | Hockey                    | Gymnastics |                       |      |                           |                                   |                              |  |                          |
| <b>Half Term 5</b><br>(15 <sup>th</sup> April – 24 <sup>th</sup> May)<br>6 weeks        | Wk27                      | Wk28       | Wk29                  | Wk30 | Wk31                      | Wk32                              | <b>May Half Term Holiday</b> |  |                          |
|   | Tennis                    |            |                       |      | Athletics                 |                                   |                              |  |                          |
|   | Striking and Fielding     |            |                       |      | Kayaking or Tennis Option |                                   |                              |  |                          |
|   | Athletics                 |            |                       |      | Kayaking or Tennis Option |                                   |                              |  |                          |
| <b>Half Term 6</b><br>(3 <sup>rd</sup> June – 19 <sup>th</sup> July) 7 weeks            | Wk33                      | Wk34       | Wk35                  | Wk36 | Wk37                      | Wk38                              | Wk39                         | <b>Summer Holiday</b>  |                          |
|   | Athletics                 |            | Striking and Fielding |      |                           |                                   | <b>House Activities</b>      |  |                          |
|   | Kayaking or Tennis Option |            | Athletics             |      |                           |                                   |                              |  |                          |
|   | Kayaking or Tennis Option |            | Striking and Fielding |      |                           |                                   |                              |  |                          |

**Year: 9 Girls      Subject: PE**

Group 1

Group 2

Group 3

|   |              |            |                                   |      |           |                                   |                              |   |                          |
|---|--------------|------------|-----------------------------------|------|-----------|-----------------------------------|------------------------------|---|--------------------------|
| <b>Half Term 1</b><br>(4 <sup>th</sup> Sept – 20 <sup>th</sup> October)<br>7 weeks      | Wk1          | Wk2        | Wk3                               | Wk4  | Wk5       | Wk6                               | Wk7                          | <b>October Half Term Holiday</b>  |                          |
|   | Fitness      |            |                                   |      | Netball   |                                   |                              |   |                          |
|   | Gymnastics   |            |                                   |      | Football  |                                   |                              |   |                          |
|   | Table Tennis |            |                                   |      | Hockey    |                                   |                              |   |                          |
| <b>Half Term 2</b><br>(30 <sup>st</sup> October – 22 <sup>nd</sup> December)<br>8 weeks | Wk8 ICA      | Wk9        | Wk10 LC1                          | Wk11 | Wk12 PE   | Wk13                              | Wk14                         | Wk15  | <b>Christmas Holiday</b> |
|   | Netball      | Gymnastics |                                   |      |           | Hockey                            |                              | <b>House Activities</b>   |                          |
|   | Football     | Climbing   |                                   |      |           | Netball                           |                              |   |                          |
|   | Hockey       | Fitness    |                                   |      |           | Football                          |                              |   |                          |
| <b>Half Term 3</b><br>(8 <sup>th</sup> January – 9 <sup>th</sup> February)<br>5 weeks   | Wk16         | Wk17       | Wk18                              | Wk19 | Wk20      | <b>February Half Term Holiday</b> |                              |   |                          |
|   | Hockey       |            | Climbing                          |      |           |                                   |                              |   |                          |
|   | Netball      |            | Fitness                           |      |           |                                   |                              |   |                          |
|   | Football     |            | Gymnastics                        |      |           |                                   |                              |   |                          |
| <b>Half Term 4</b><br>(19 <sup>th</sup> February – 29 <sup>th</sup> March)<br>6 weeks   | Wk21 ICA     | Wk22       | Wk23 LC2                          | Wk24 | Wk25      | Wk26                              | <b>Easter Holiday</b>        | <b>What does this year contribute towards? How does this year deliver the curriculum intent?</b><br>In year 9 you will begin to master the skills, techniques and tactics in the activities you have completed for a 3 <sup>rd</sup> time. This repetition and practice will help prepare you for further study at Year 10+11. You will also get to climb and Kayak for the first time. |                          |
|   | Climbing     | Football   |                                   |      |           | <b>House Activities</b>           |                              |   |                          |
|   | Fitness      | Hockey     |                                   |      |           |                                   |                              |   |                          |
|   | Gymnastics   | Netball    |                                   |      |           |                                   |                              |   |                          |
| <b>Half Term 5</b><br>(15 <sup>th</sup> April – 24 <sup>th</sup> May)<br>6 weeks        | Wk27         | Wk28       | Wk29                              | Wk30 | Wk31      | Wk32                              | <b>May Half Term Holiday</b> |   |                          |
|   | Kayaking     |            |                                   |      | Athletics |                                   |                              |   |                          |
|   | Athletics    |            |                                   |      | Tennis    |                                   |                              |   |                          |
|   | Climbing     |            |                                   |      | Athletics |                                   |                              |   |                          |
| <b>Half Term 6</b><br>(3 <sup>rd</sup> June – 19 <sup>th</sup> July) 7 weeks            | Wk33         | Wk34       | Wk35                              | Wk36 | Wk37      | Wk38                              | Wk39                         | <b>Summer Holiday</b>   |                          |
|   | Athletics    |            | Striking and Fielding             |      |           |                                   | <b>House Activities</b>      |   |                          |
|   | Tennis       |            | Kayaking or Striking and Fielding |      |           |                                   |                              |   |                          |
|   | Athletics    |            | Kayaking or Striking and Fielding |      |           |                                   |                              |   |                          |