Group 1

Group 2

Group 3

		,									
Half Term 1 (4 th Sept – 20 th October)	Wk1	Wk2	Wk3	Wk4	Wk5	Wk6	Wk7				
			Gym Netb			all	October Half	October Half Term Holiday			
	Baseline		Fitness Dance			Football					
7 weeks						Tag Rugby					
Half Term 2	Wk8	Wk9 _{ICA}	Wk10	Wk11 _{LC1}	Wk12	Wk13 PE	Wk14	Wk15	Christmas		
(30 st October –	Netball		Da	nce		Tag Rugby		House	Holiday		
22 nd December)	Football		G	ym	m N				libliday		
8 weeks	Tag Rugby		Fitness/	Core Skills		Footl	pall	Activities			
	Wk16	Wk17	Wk18	Wk19	Wk20						
Half Term 3 (8 th January – 9 th	Tag	Rugby		Fitness			February Half				
February)	Net	tball	Dance				Term Holiday				
5 weeks	Foo	tball		Gym							
11.16 7	Wk21	Wk22	Wk23	Wk24	Wk25	Wk26		What does this year contribute			
Half Term 4 (19 th February –	Fitness		Foo	Hous		House	Easter Holiday	towards? How does this year deliver the curriculum intent? In year 7 you will be learning the key			
29 th March)	Dance		Tagl	Rugby		Activities					
6 weeks	Gym		Ne	tball		Activities		Activities February Half Term Holiday What does this year contribute towards? How does this year of the curriculum intent? In year 7 you will be learning the skills needed to be successful in you will develop your charactee knowledge of fitness and abilities perform under pressure. You we complete 9 different activities, house activities to score points house Indicates a key assessment	•		
	Wk27	Wk28	Wk29	Wk30	Wk31	Wk32		knowledge of fitnes	s and ability to		
Half Term 5		Rounders		Athletics			May	perform under pressure. You will complete 9 different activities, plus house activities to score points for your			
(15 th April – 24 th May)		Rounders		Tennis			Half Term				
6 weeks			Ath	nletics		Holiday	Indicates a key assessment				
	Wk33	Wk34	Wk35 _{ICA}	Wk36	Wk37	Wk38 _{LC2}	Wk39				
Half Term 6		Athletics									
(3 rd June – 19 th July)			Atl		House	Summer Holiday					
7 weeks			Fitness		Activities						
								<u> </u>			

Group 1

Group 2

Group 3

Joys Ju	,									
Wk1	Wk2	Wk3	Wk4	Wk5	Wk6	Wk7				
Baseline				October Half 1		Half Term				
				Holiday						
			Rugby		Gymnas	tics				
Wk8	Wk9 ICA	Wk10	Wk11 ^{LC1}	Wk12	Wk13 PE	Wk14	Wk15	Christmas		
Rugby		Fo	ootball		Health Related Fitness Gymnastics		Ноиса	Holiday		
Rugby		На	andball							
Gymnastics		Fo	ootball		Skills for S	Sport	Wk15 House Activities Half day What does this yetowards? How dediver the curricular year 7 you will the key skills nees successful in spoodevelop your chaknowledge of fitr to perform under will complete 9 dedivities, plus hot to score points for the successful in spoodevelop your chaknowledge of fitr to perform under will complete 9 dedivities, plus hot to score points for the successful in spoodevelop your chaknowledge of fitr to perform under will complete 9 dedivities, plus hot to score points for the successful in spoodevelop your chaknowledge of fitr to perform under will complete 9 dedivities, plus hot to score points for the successful in spoodevelop your chaknowledge of fitr to perform under will complete 9 dedivities, plus hot to score points for the successful in spoodevelop your chaknowledge of fitr to perform under will complete 9 dedivities, plus hot to score points for the successful in spoodevelop your chaknowledge of fitr to perform under will complete 9 dedivities, plus hot to score points for the successful in spoodevelop your chaknowledge of fitr to perform under will complete 9 dedivities, plus hot to score points for the successful in spoodevelop your chaknowledge of fitr to perform under will complete 9 dedivities, plus hot to score points for the successful in spoodevelop your chaknowledge of fitr to perform under will complete 9 dedivities.			
Wk16	Wk17	Wk18	Wk19	Wk20						
He a lth Rela	ated Fitness		Handball		February Half					
Gymn	astics	Football			Term Holiday					
Skills fo	or Sport		Handball				What does this ye towards? How do			
Wk21	Wk22	Wk23	Wk24	Wk25	Wk26		What does this year contribute			
Handball		Gyr	mnastics		House	Easter	towards? How does this year deliver the curriculum intent? In year 7 you will be learning			
Football		Health R	Related Fitness			Holiday				
Handball		Health R	elated Fitness		Activities		· ·			
Wk27	Wk28	Wk29	Wk30	Wk31	Wk32		develop your character,			
				May knowledge of fitness						
	Tennis			Striking and Fielding			will complete 9 different			
	Athletics						activities, plus house activities to score points for your house			
Wk33	Wk34	Wk35 _{ICA}	Wk36	Wk37	LC2 Wk38	Wk39				
Tennis Striking and Fielding										
			Athletics			House	Summer Holiday			
		Stril	king and Fielding							
	Wk1 Base Wk8 Rugby Rugby Gymnastics Wk16 Health Rela Gymn Skills for Wk21 Handball Football Handball Wk27	Baseline Wk8 Wk9 ICA Rugby Rugby Gymnastics Wk16 Wk17 Health Related Fitness Gymnastics Skills for Sport Wk21 Wk22 Handball Football Handball Wk27 Wk28 Tennis	Baseline Wk8 Wk9 ICA Wk10 Rugby Fe Rugby His Gymnastics Fe Wk16 Wk17 Wk18 Health Related Fitness Gymnastics Skills for Sport Wk21 Wk22 Wk23 Handball Gyr Football Health R Handball Health R Wk27 Wk28 Wk29 Tennis	Wk1 Wk2 Wk3 Wk4 Baseline Rugby Wk8 Wk9 ICA Wk10 Wk11 LC1 Rugby Football Rugby Handball Gymnastics Football Wk16 Wk17 Wk18 Wk19 Health Related Fitness Handball Gymnastics Football Wk21 Wk22 Wk23 Wk24 Handball Gymnastics Football Health Related Fitness Handball Health Related Fitness Wk21 Wk22 Wk23 Wk24 Handball Health Related Fitness Wk21 Wk22 Wk23 Wk24 Handball Health Related Fitness Wk27 Wk28 Wk29 Wk30 Athletics Wk30 Wk34 Wk35 ICA Wk36	Baseline Baseline Rugby Rugby Wk8 Wk9 ICA Wk10 Wk11 LC1 Wk12 Rugby Handball Rugby Handball Gymnastics Football Wk16 Wk17 Wk18 Wk19 Wk20 Health Related Fitness Handball Gymnastics Football Skills for Sport Handball Wk21 Wk22 Wk23 Wk24 Wk25 Handball Gymnastics Football Health Related Fitness Handball Health Related Fitness Wk21 Wk22 Wk23 Wk24 Wk25 Handball Health Related Fitness Handball Health Related Fitness Wk27 Wk28 Wk29 Wk30 Wk31 Athletics Wk33 Wk34 Wk35 ICA Wk36 Wk37 Tennis Striking and Fielding Athletics	Wk1	Wk1	Wk1		

Year: 8 Girls Subject: PE Group 1 Group 2 Group 3 Wk1 Wk2 Wk3 Wk4 Wk5 Wk6 Wk7 Half Term **Gymnastics** Netball October Half Term Holiday (4th Sept - 20th Fitness Football October) Dance Hockey 7 weeks Wk8 Wk9 Wk10 ICA Wk11 Wk12 | C1 Wk14 Wk15 Wk13 PE **Christmas** Half Term 2 Netball Dance Hockey (30st October -House Holiday 22ndDecember) Football Gym Netball 8 weeks Activities Fitness/Core Skills Hockey Football Wk17 Wk18 Wk19 Wk20 Wk16 Half Term **February Half** Fitness Hockey **Term Holiday** (8th January - 9th Netball Dance February) Football Gym 5 weeks Wk22 Wk23 Wk24 Wk25 Wk26 What does this year contribute Wk21

Half Term towards? How does this year deliver Easter Fitness Hockey House the curriculum intent? **Holiday** (19th February – Dance Hockey In year 8 will refine the skills you learnt **Activities** 29th March) in year 7, while developing tactics, Netball Gym 6 weeks evaluation skills and improve your performance even further. You will Wk29 Wk27 PE Wk28 Wk30 Wk31 Wk32 Half Term have the opportunity to try new May Athletics activities like team building and **Half Term** orienteering, while mastering others (15th April - 24th Team Building Athletics you have tried before. Holiday May) Indicates a key assessment **Athletics** 6 weeks Wk33 Wk34 Wk35 ICA Wk36 Wk37 Wk38 LC2 Wk39 Half Term Striking and Fielding Team Building **Summer Holiday** House Athletics Striking and Fielding (3rd June - 19th **Activities** July) 7 weeks Team Building Striking and Fielding

Year: 8	Boys S	ubject: PE					Group 1	Group 2 Grou	р 3	
Half Term	Wk1	Wk2	Wk3	Wk4	Wk5	Wk6	Wk7			
1 1			Rugby		Problemsolving			October Half Term		
(4 th Sept – 20 th			Rugby			Fitness	Holiday			
October) 7 weeks		ŀ	Ha nd ball			Gymnastics				
Half Term 2	Wk8	Wk9	Wk10 _{ICA}	Wk11	Wk 12 1	Wk13 PE	Wk14	Wk15	Clausiatura a	
(30st October –	Problemsolving	emsolving Football				Gymnastics			Christmas Holiday	
22 nd December) 8 weeks	Fitness		Foot	tball	Problem Solving			House		
O Meeks	Gymnastics		Rug	gby		Fitness	5	Activities		
Half Term	Wk16	Wk17	Wk18	Wk19	Wk20					
3	Gym	nastics	Handball				February Half			
(8 th January – 9 th	Proble	m Solving	Handball			Term Holiday				
February) 5 weeks	Fit	tness		Football						
Half Term	Wk21	Wk22	Wk23	Wk24	Wk25	Wk26		What does this year contribute towards? How does this year deliver the curriculum intent? In year 8 will refine the skills you		
4	Handball		Fitr	ess		House	Easter Holiday			
(19 th February –	Handball		Gymn	astics		Activities				
29 th March) 6 weeks	Football		Problem	Solving		Activities		learnt in year 7, while developing tactics, evaluation		
Half Towns	Wk27 PE	Wk28	Wk29	Wk30	Wk31	Wk32		skills and improve your performance even further. You will have the opportunity to try new activities like team building		
Half Term 5		A	Athletics			Tennis	May			
(15 th April – 24 th			Tennis		А	thletics	Half Term			
May) 6 weeks		A	Athletics		Strikin	g and Fielding	Holiday			
Half Term	Wk33	Wk34	Wk35 ^{ICA}	Wk36	Wk37	Wk38 ^{LC2}	Wk39			
6	Tennis			Stri king and	11	Summer Holiday				
(3 rd June – 19 th	Athletics			Striking and	House					
July) 7 weeks	Striking a	and Fielding		Tenni	S		Activities			

Year: 9	Boys S	ubject: PE					Group 1	Group 2 Grou	1p 3	
Half Term	Wk1	Wk2	Wk3	Wk4	Wk5	Wk6	Wk7			
1		Ка	yaking			Rugby	•	October Half Term Holiday		
(4 th Sept – 20 th		F	Rugby			HRF				
October) 7 weeks		Fe	ootball		Climbing					
Half Term 2	Wk8 ICA	Wk9	Wk10 ^{LC1}	Wk11	Wk12 PE	Wk13	Wk14	Wk15	Claudatus a s	
(30 st October –	Rugby		Han	dball	Climbing			House Activities	Christmas Holiday	
22 nd December) 8 weeks	HRF		Foo	tball	Gymnastics				lionady	
0	Climbing		Ruş	gby		HRF		Activities		
Half Term	Wk16	Wk17	Wk18	Wk19	Wk20					
3	Clin	mbing		Football			February Half			
(8 th January – 9 th	Gym	nnastics	Handball			Term Holiday				
February) 5 weeks	H	HRF		Hockey						
Half Term	Wk21 ICA	Wk22	Wk23 LC2	Wk24	Wk25	Wk26		What does this ye		
4	Football		н	RF		House	Easter Holiday	towards? How does this year deliver the curriculum intent? In year 9 you will begin to		
(19 th February –	Handball		Clim	bing		Activities				
29 th March) 6 weeks	Hockey		Gymn	astics		Activities		master the skills, t tactics in the activi	•	
Half Term	Wk27	Wk28	Wk29	Wk30	Wk31	Wk32		completed for a 3 rd time. This repetition and practice will help prepare you for further study at		
5			Tennis		A	Athletics	May			
(15 th April – 24 th		Strikir	ng and Fielding		Ka ya king	or Tennis Option	Half Term Holiday			
May) 6 weeks		P	Athletics		Kayaking	Ka ya king or Tennis Option		time.		
Half Term	Wk33	Wk34	Wk35	Wk36	Wk37	Wk38	Wk39			
6	Athletics			Striking ar		Communication in the little				
(3 rd June – 19 th	Kayakingor	r Tennis Option		Athl	House	Summer F	ioliday			
July) 7 weeks	Kayakingor	r Tennis Option		Stri ki ng ar	nd Fielding		Activities			

Year: 9	Girls S	ubject: PE					Group 1	Group 2 Grou	ıp 3		
Half Term	Wk1	Wk2	Wk3	Wk4	Wk5	Wk6	Wk7				
1			Fitness			Netball		October Half Term Holiday			
(4 th Sept – 20 th		G	ymnastics			Football					
October) 7 weeks		Та	ble Tennis			Hockey		October Half Holiday Wk15 House Activities Half iday What does this year towards? How does deliver the curriculu In year 9 you will beg master the skills, ted tactics in the activitic completed for a 3rd ti repetition and practi			
Half Term 2	Wk8 ICA	Wk9	Wk10 ^{LC1}	Wk11	Wk12 PE	Wk13	Wk14	Wk15	Ch wiet we ee		
(30 st October –	Netball		Gymn	Gymnastics			Hockey		Christmas Holiday		
22 nd De ce mber) 8 weeks	Football		Clim	bing		Netball					
o weeks	Hockey		Fitr	ness		Footba	II	Activities			
Half Term	Wk16	Wk17	Wk18	Wk19	Wk20						
3	Но	ockey	Climbing								
(8 th January – 9 th	Netball		Fitness				Term Holiday				
February) 5 weeks	Football		Gymna stics								
Half Term	Wk21 ICA	Wk22	Wk23 LC2	Wk24	Wk25	Wk26		-			
4	Climbing		Foo	tball		House Easter		towards? How does this year deliver the curriculum intent? In year 9 you will begin to			
(19 th February –	Fitness		Нос	ckey		Activities Holiday					
29 th March) 6 weeks	Gymnastics		Net	ball		Activities		October H Holic Wk15 House Activities Half liday What does this ye towards? How do deliver the curricular year 9 you will master the skills, tactics in the active completed for a 3 repetition and praprepare you for five year 10+11. You we climb and Kayak fitime.	•		
Half Term	Wk27	Wk28	Wk29	Wk30	Wk31	Wk32		completed for a 3 ^{rc}	time. This		
5		ŀ	Ka ya king		A	Athletics	May	repetition and practice will help prepare you for further study at			
(15 th April – 24 th		A	Athletics		Tennis		Half Term Holiday				
May) 6 weeks		(Climbing		A	Athletics	Tionday				
Half Term	Wk33	Wk34	Wk35	Wk36	Wk37	Wk38	Wk39				
6	Ath	nletics		Striking and Fielding							
(3 rd June – 19 th	Te	ennis	Ka ya king or Stri king and Fielding				House Activities	Summer H	ionaay		
July) 7 weeks	Ath	nletics		Ka ya king or Stri king and Fielding							