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## AIMS AND OBJECTIVES

The aims of this policy are to:

- Ensure the health and safety of all staff, students and visitors
- Ensure that staff and governors are aware of their responsibilities with regards to health and safety
- Provide a framework for responding to an incident and recording and reporting the outcomes.

First Aid must be provided to any person that we owe a duty of care to, if they are injured or become ill while on our premises or involved in an off-site activity. There must be sufficient suitably qualified First Aiders and adequate First Aid facilities to ensure that assistance will be provided quickly to casualties and a call made to the emergency services when appropriate.

In certain circumstances, for example Early Years Foundation Stage (EYFS) provisions, there is a legal requirement to have a First Aider with specific qualifications on site at all times; Maltby Learning Trust will ensure that all such requirements are complied with at all times.

The Trust/Academy will ensure that the insurance arrangements provide full cover for claims arising from actions of staff acting within the scope of their employment to ensure that there are adequate and appropriate equipment and facilities for providing First Aid in the workplace.

## OPERATING STATEMENT

Academies within the Maltby Learning Trust will have:

- A responsible person (usually the Principal) who manages the First Aid provision and performs regular (annual) risk assessments of need.
- An identified nominated person/persons who is responsible for monitoring incidents, stock control, training programmes etc.
- A suitable number of designated First Aiders (as per risk assessment).
- At least one colleague with current Paediatric First Aid in every EYFS provision at all times
- A number of suitably stocked First Aid containers.
- Information for employees on First Aid arrangements.

The commitment of the Academy to basic First Aid is echoed in our aim that all students have access to basic First Aid training. This will be provided as part of our enrichment programme through approved providers.

## LEGISLATION AND GUIDANCE

This policy is based on the [Statutory Framework for the Early Years Foundation Stage](#), advice from the Department for Education on [first aid in schools](#) and [health and safety in schools](#), guidance from the Health and Safety Executive (HSE) on [incident reporting in schools](#), and the following legislation:

- [The Health and Safety \(First-Aid\) Regulations 1981](#), which state that employers must provide adequate and appropriate equipment and facilities to enable first aid to be administered to employees, and qualified first aid personnel
- [The Management of Health and Safety at Work Regulations 1992](#), which require employers to make an assessment of the risks to the health and safety of their employees
- [The Management of Health and Safety at Work Regulations 1999](#), which require employers to carry out risk assessments, make arrangements to implement necessary measures, and arrange for appropriate information and training
- [The Reporting of Injuries, Diseases and Dangerous Occurrences Regulations \(RIDDOR\) 2013](#), which state that some accidents must be reported to the Health and Safety Executive (HSE), and set out the timeframe for this and how long records of such accidents must be kept
- [Social Security \(Claims and Payments\) Regulations 1979](#), which set out rules on the retention of accident records
- [The Education \(Independent School Standards\) Regulations 2014](#), which require that suitable space is provided to cater for the medical and therapy needs of students

This policy complies with our funding agreement and articles of association.

## RESPONSIBILITIES

### THE TRUST BOARD

The Trust Board has ultimate responsibility for health and safety matters across the Trust, but delegates responsibility for strategic oversight of health and safety matters in individual Academies to the Local Governance Committee (LGC). The LGC further delegates operational matters and day-to-day tasks to the Principal and staff team.

### THE ACADEMY PRINCIPAL

The Principal is responsible for the implementation of this policy, including:

- Ensuring that an appropriate number of trained appointed persons and First Aid personnel are present in the Academy at all times and that statutory requirements are met
- Ensuring that First Aiders have an appropriate qualification, keep training up to date and remain competent to perform their role
- Ensuring all staff are aware of First Aid procedures
- Ensuring appropriate risk assessments are completed and appropriate measures are put in place
- Ensuring that adequate space is available for catering to the medical needs of students
- Reporting specified incidents to the HSE when necessary (see section 6).

### STAFF

Academy staff are responsible for:

- Ensuring they follow First Aid procedures.
- Ensuring they know who the First Aiders/appointed persons are in the Academy.
- Completing accident reports (see Appendix 1) for all incidents they attend to (where an appointed person or First Aider is not called).
- Informing the Principal or their Line Manager of any specific health conditions or First Aid needs

## DESIGNATED FIRST AIDERS

### **The First Aider's Main Duties.**

First Aiders must complete a training course approved by the Health and Safety Executive (HSE) (see section 10).

Within the Academy, the main duties of a First Aider are to:

- Act as first responders to any incidents; they will assess the situation where there is an injured or ill person and provide immediate and appropriate treatment.
- Fill in an Accident report on the same day, or as soon as is reasonably practicable, after an incident (see the template in Appendix 1).

## SELECTION OF DESIGNATED FIRST AIDERS

Unless First Aid cover is part of a member of staff's contract of employment, people who agree to become First Aiders do so on a voluntary basis. When selecting First Aiders, the LGC/Principal should consider the individual's:

- Reliability and communication skills.
- Aptitude and ability to absorb new knowledge and learn new skills.
- Ability to cope with stressful and physically demanding emergency procedures.
- Normal duties: First Aiders must be able to leave to go immediately to an emergency.

A list of current First Aiders with photos can be found in the appendices at the end of this policy.

## NOMINATED OR APPOINTED PERSONS

A nominated/appointed person is someone who:

- Takes charge when someone is injured or becomes ill.
- Looks after the First Aid equipment e.g. restocking the first aid container.
- Ensures that an ambulance or other professional medical help is summoned when appropriate.

Nominated/appointed persons are not necessarily First Aiders. They should not give First Aid treatment for which they have not been trained. However, it is good practice to ensure that appointed persons have Emergency First Aid training/refresher training, as appropriate.

In Maltby Learning Trust Primary Academies, it is normal for all staff to have this level of First Aid training.

These courses don't require HSE approval. They normally last four hours and cover the following topics:

- What to do in an emergency.
- Cardiopulmonary resuscitation.
- First Aid for the unconscious casualty.
- First Aid for the wounded or bleeding.

Emergency First Aid training should help an appointed person or staff member cope with an emergency and improve their competence and confidence.

Lists of nominated persons and First Aiders can be found in Appendix 2 of this policy.

## FIRST AID – NEEDS AND EXPECTATIONS

The Academy will provide adequate and appropriate equipment, facilities and qualified First Aid personnel. The regulations do oblige employers to provide First Aid for anyone other than their own staff, but employers do have health and safety responsibilities towards non-employees.

The Health and Safety Commission (HSC) guidance recommends that organisations, such as schools and Academies, which provide a service for others should include them in their risk assessments and provide for them. In light of their legal responsibilities for those in their care, Academies should consider carefully the likely risks to students and visitors and make allowance for them.

There are a number of high incidence medical conditions which occur in our Academies. Information about these and potential responses can be found in Appendix 3 of this policy.

## NUMBERS OF FIRST AID PERSONNEL

The Local Governance Committee/Principal is to consider the likely risks to students and visitors, as well as employees, when drawing up policies and deciding on the numbers of First Aid personnel. The HSC provide guidance on numbers of First Aid personnel based on employee numbers. As a general guide, they recommend that:

A lower risk place of work (e.g., shops, offices, libraries) with fifty to one hundred employees, should consider having at least one First Aider.

A medium risk place of work (e.g. light engineering and assembly work, food processing) with twenty to one hundred employees, should consider having at least one First Aider for every fifty employees (or part thereof).

Academies will generally fall into the lower category, but some Academies or areas of activity may fall into the medium risk category. The Academy should base its provisions on the results of its risk assessment. If there are parts of the Academy where different levels of risk can be identified, the employer should consider the need to make different levels of provision in different areas/faculties.



When considering how many First Aid personnel are required, the Local Governance Committee/Principal should also consider:

- Adequate provisions for lunchtime and breaks. It is good practice for lunchtime supervisors and SLT/Pastoral staff to have First Aid training.
- Adequate provisions for leave and in case of absences.
- First Aid provision for off-site activities e.g. educational trips/sporting events etc. If a First Aider accompanies students off site, there needs to be adequate First Aid provision for all occasions.
- Adequate provisions for practical subjects, such as Science, Technology, Physical Education.
- Adequate provisions for out of hours activities e.g. sports activities, clubs.
- Adequate provision to meet statutory requirements of EYFS.
- Any agreements with contractors, (e.g. Meals) on joint provision for First Aid for their employees.
- Adequate provisions for trainees working on site. They have the same status as staff for the purpose of health and safety legislation.
- Procedures for if the nominated person or trained First Aider deals with an emergency in an isolated area e.g. on the playing field. He/she goes to the scene with their radio and radios or makes mobile phone contact.
- Procedures to meet an ambulance if there is need for one.

Members of staff are to visit the nominated person or trained First Aider if they require any information on first aid procedures, facilities and personnel. This information is displayed on notices throughout the Academy.

See Appendix 2 and 4 for First Aiders and kit locations.

## QUALIFICATIONS AND TRAINING

A First Aider must hold a valid certificate of competence, issued by an organisation whose training and qualifications are approved by the HSE. Information on local organisations offering training is available from HSE offices. Training courses cover a range of First Aid competences. However, standard First Aid at work training courses does not include resuscitation procedures for children. The employer should arrange appropriate training for their First Aid personnel.

Training organisations will often tailor courses specifically to Academy's needs. It is helpful to let the training organisation know in advance of any particular areas that should be covered. First Aid at work certificate is only valid for three years. Refresher training and retesting of competence should be arranged before certificates expire. If a certificate expires, the individual will have to undertake another full course of training to become a First Aider. However, employees can arrange for First Aiders to attend a refresher course up to three months before the expiry date of their certificate. The new certificate takes effect from the date of expiry. The Academy should keep a record of First Aiders and certification dates.

The HSE also produce guidance on the standards and requirements for approval of training including a list of standard First Aid competences.

It is a legal requirement for all Early Years Foundation Stage provisions to have at least one Paediatric First Aid trained staff member on site at all times. Academy Principals and Foundation

Stage Leaders are responsible for ensuring that each Academy with an EYFS provision complies with this requirement at all times and that adequate members of staff are trained to mitigate against sickness absence etc.

## FIRST AID PROCEDURES

### ON-SITE PROCEDURES

In the event of an accident resulting in injury:

- The closest member of staff present will assess the seriousness of the injury and seek the assistance of a qualified First Aider, if appropriate, who will provide the required First Aid treatment
- The First Aider, if called, will assess the injury and decide if further assistance is needed from a colleague or the emergency services. They will remain on the scene until help arrives
- The First Aider will also decide whether the injured person should be moved or placed in a recovery position
- If the First Aider judges that a student is too unwell to remain in school, parents/carers will be contacted and asked to collect their child. Upon their arrival, the First Aider will recommend next steps to the parents/carers
- If emergency services are called, the Academy office will contact parents/carers immediately
- The First Aider or relevant member of staff will complete an Accident report form on the same day or as soon as is reasonably practical after an incident resulting in an injury.

Academies with Early Years Foundation Stage provision will ensure there is at least 1 person who has a current Paediatric First Aid (PFA) certificate on the premises at all times.

### OFF-SITE PROCEDURES

When taking students off the Academy premises, staff will ensure they always have the following:

- An Academy mobile phone
- A portable First Aid kit
- Information about the specific medical needs of students
- Parents/carers contact details.

When transporting students using a minibus or other large vehicle, checks should be made to make sure the vehicle is equipped with a clearly marked First Aid box.

Risk assessments will be completed by the Visit Leader and will be approved by the Principal and Educational Visits Coordinator (see Learning outside the Classroom and Outdoor Learning Policy) prior to any educational visit that necessitates taking students off Academy premises.

Where visits include Early Years Foundation Stage children, there will always be at least one First Aider with a current Paediatric First Aid (PFA) certificate on Academy trips and visits, as required by the statutory framework for the Early Years Foundation Stage. There will always be at least one First Aider on non-EYFS Academy trips and visits.

## FIRST AID LOCATION INFORMATION

First Aid boxes and First Aid Record books are kept in key points across the Academy site. A full list of locations can be found in Appendix 4 of this document. It is the responsibility of the nominated person to check these regularly – they should be fully audited at least annually.

All First Aid kits are BS8599-1 compliant.

A central First Aid Record folder is kept in the Academy office.

## CONTACTING FIRST AID PERSONNEL

Posters detailing a list of current First Aiders and their locations, locations of First Aid kits and emergency procedures are displayed in the locations around the Academy – see Appendix 4.

## CONTACTING THE EMERGENCY SERVICES

All staff are able to request an ambulance or other professional medical help if it is required.

Examples where an ambulance would be called would include:

- Chest pain
- Difficulty in breathing
- Unconsciousness
- Severe loss of blood
- Severe burns or scalds
- Choking
- Fitting or concussion
- Drowning
- Severe allergic reactions.
- Suspected broken bones
- Epileptic seizure lasting more than 3 mins.

Please note that this list is not exhaustive.

If in doubt phone for help (NHS Advice).

In the event of a serious incident, such as those outlined above, there is an expectation that an ambulance will be phoned from the nearest phone – **all staff have a responsibility to do this in the event of a serious incident**. Where possible, ambulances should be contacted by mobile phone so an on-going commentary can be kept on the patient's condition. Advice and support will be given by the operator where it is necessary.

When an ambulance is phoned, the office must be informed immediately, the First Aider urgently summoned and the most senior member of staff on site made aware. The office will coordinate the ambulance finding the Academy and ensuring access etc. They will also meet the ambulance and lead them to the patient. The First Aider's priority is the patient and liaising from a medical perspective.

In the case of a less serious injury, an assessment will be made by the staff supervising at the time as to whether a student can safely move to the First Aider or whether the First Aider should be summoned. Under no circumstances should a student be picked up or moved (unless under their own steam) without the First Aider assessing their condition. The First Aider will then make an assessment of the student's condition and decide whether any or what level of action needs to be taken and whether the emergency services need to be called.

When you dial 999 you are not calling an ambulance but alerting the emergency services to your incident. They will decide on the response that they will provide; this can range from verbal advice over the telephone to an emergency evacuation by air ambulance. Calling 999 should not be delayed, let the emergency services decide the appropriate course of action based on the information that you give them.

## FIRST AID MATERIALS, EQUIPMENT AND FIRST AID FACILITIES

Employers must provide the proper materials, equipment and facilities at all times. First Aid equipment must be clearly labelled and easily accessible. Every employer should provide at least one fully stocked First Aid container for each site. The assessment of any Academy First Aid requirements should include the number of First Aid containers available.

## THE FIRST AID CONTAINER

First Aid containers must be:

- Maintained in a good condition.
- Suitable for the purpose of keeping the items referred to above in good condition.
- Readily available for use.
- Prominently marked as a First Aid container.

Additional First Aid containers will be needed for split sites/levels, distant sports fields or playgrounds, any other high-risk areas and offsite activities. All First Aid containers must be marked with a white cross on a green background. The siting of First Aid boxes is a crucial element in the Trust/Academy policy and should be given careful consideration. If possible, First Aid containers should be kept near to hand washing facilities.

Locations of First Aid containers with photographs can be found in Appendix 4 of this policy.

## CONTENTS OF A FIRST AID CONTAINER

There is no mandatory list of items for a First Aid container, however the HSE recommend that, where there is no special risk identified, a minimum provision of First Aid items would be:

- A leaflet giving general advice on First Aid (see list of publications in Appendix 5).
- 20 individually wrapped sterile adhesive dressings (assorted sizes).
- Two sterile eye pads.
- Four individually wrapped triangular bandages (preferably sterile).
- Six safety pins.

- Six medium size (13approx. 12cm x 12cm) individually wrapped sterile medicated wound dressings.
- Two large (13approx. 18cm x 18cm) sterile individually wrapped undedicated wound dressings.
- One pair of disposable gloves.

NB – Equivalent or additional items are acceptable.

The nominated person is the person who is responsible for examining the contents of First Aid containers. These should be checked frequently and restocked as soon as possible after use.

There should be extra stock in the Academy. Items should be discarded safely after the expiry date has passed.

Stock check forms for on-site First Aid kits can be found at appendix 6A of this policy.

## TRAVELLING FIRST AID CONTAINERS

Before undertaking any off-site activities, the risk assessment process should consider what First Aid provision is needed. This should be checked and considered by both the EVC (Educational Visits Coordinator) and Principal who will sign provision off as part of the assessment process. The HSE recommend that, where there is no special risk identified a minimum stock of First Aid items for travelling First Aid containers is:

- Leaflet giving general advice on First Aid. (See list of publications in Appendix 5).
- Six individually wrapped sterile adhesive dressing.
- One large sterile un-medicated wound dressing –13 approx. 18cm x 18cm.
- Two triangular bandages.
- Two safety pins.
- Individually wrapped moist cleansing wipes.
- One pair of disposable gloves.
- Equivalent or additional items are acceptable.

Additional items may be necessary for specialised activities.

Stock check forms for travel First Aid kits can be found at Appendix 6B of this policy.

## FIRST AID ACCOMMODATION

Academies are required to provide suitable and sufficient accommodation for First Aid according to the assessment of the First Aid needs identified. The education (school premises) regulations 1996 require the schools and Academies to have a suitable room that can be used for medical or dental treatment when required and for the care of students during Academy hours. The area, which must contain a washbasin and be reasonably near to a WC, need not be used solely for medical purposes, but it should be appropriate for that purpose and readily available for use when needed.

Details of the Academy Medical room(s) can be found at the end of this policy.

## HYGIENE / INFECTION CONTROL

First Aiders must follow their training and maintain good standards of infection control. Whenever small amounts of body fluids have to be cleaned up, disposable plastic gloves must be worn, and disposable paper towels and a detergent solution should be used to absorb and clean surfaces. These items should be disposed of in black plastic bin bags, tied up and placed directly into body fluid waste bins with other inert waste.

## RE - ASSESSMENT OF FIRST AID PROVISION

The Local Governance Committee and/or Principal should regularly review the Academy's First Aid needs (at least annually), and particularly after any changes, to ensure the provision is adequate. Where minimum numbers of trained First Aiders are set, these should be monitored to ensure that these standards are being met.

## PROVIDING INFORMATION

The employer or the manager with the delegated function (the Principal) must inform all staff (including those with reading and language difficulties) of the First Aid arrangements. This should include the location of equipment, facilities and First Aid personnel, and the procedures for monitoring and reviewing the Academy's First Aid needs.

## LIABILITY AND INDEMNITY

The Trust Board will ensure that the appropriate level of insurance is in place and appropriately reflects the Trust/Academy level of risk.

## RISK ASSESSMENT OF FIRST AID NEEDS

The Academy will include staff, students, and visitors when carrying out risk assessments for First Aid needs. Staff will liaise with the SENDCo and any member of staff with specific responsibility for Education, Health and Care Plans where appropriate, in the preparation of risk assessments for students with physical disabilities.

The Local Governance Committee/Principal should consider additional First Aid provision if there is more than one building. They should consider how many First Aid personnel are needed to provide adequate cover on each floor on a split level site and outlying buildings.

## LOCATION OF BUILDING

It is good practice to inform the local emergency services, in writing, of the Academy's location (giving ordinance survey grid references if necessary) and any particular circumstances that may affect access to the site. If the Academy has more than one entrance, emergency services should be given clear instructions on where or to whom they should report.

## ARE THERE ANY SPECIFIC HAZARDS OR RISKS ON THE SITE?

Hazards and temporary hazards, such as building maintenance work, should be considered and suitable short-term measures put in place.

## SPECIFIC NEEDS

Staff or students with special health needs or disabilities should always be separately catered for and if appropriate, specific First Aid procedures will be included within the Education, Health and Care Plans for these students. These may include specific instructions on when contacting emergency services – provision for students with long term medical conditions is covered in the separate 'Supporting Students with Medical Needs Policy'. Different First Aid procedures apply to students in Primary and Secondary Academies, for example, the resuscitation techniques differ depending on the age of a student. First Aid training organisations can provide advice on training for First Aid personnel in each sector.

## PUBLIC SERVICE VEHICLES

Transport regulations require that all minibuses and public service vehicles used either as an express carriage or contract carriage have on a board a First Aid container which meets regulations. Maltby Learning Trust will specify within any contract specifications that this level of provision is in place where a tendering process takes place. It is the responsibility of coach providers to ensure that adequate provision is in place when vehicles are routinely hired.

## HOW THE ACADEMY SHOULD REPORT ACCIDENTS OR INJURY

Parents/carers will be notified of ANY accident or injury which requires First Aid treatment to their child in the Academy or whilst on an Academy led activity. Where any student has sustained a head injury, the parents/carers will be notified by telephone and a head injury letter will be completed by the first Aider dealing with the incident; the original letter given to the student to take home for parents/carers and a copy filed in the First Aid Record book.

Parents/carers will always be informed immediately if emergency services are called.

If any medical treatment is required including hospital treatment, RMBC Risk Management must be notified immediately through the appropriate forms and the Chief Executive Officer informed. The HSE must be notified of fatal and major injuries and dangerous occurrences without delay (by telephone). This must be followed up within 10 days with a written report on Form 2508, the Form 2508 can be downloaded from HSE website: [www.hse.gov.uk](http://www.hse.gov.uk)

Other reportable accidents do not need immediate notification, but they must be reported to HSE within ten days on Form 2508.

Early years providers are required to notify parents/carers of an accident or injury to their child, and this will be done through a note or electronic communication as well as telephone call to ensure a record of the communication is maintained.

An example bump note is attached to this policy (Appendix 7).

## ACCIDENTS TO EMPLOYEES

The Academy needs to report the following accidents to employees to the RMBC Risk Management Section as soon as possible after the incident both by telephone and through the relevant form. The Chief Executive Officer should also be informed. RMBC will inform the HSE if the following injuries occur to either the Academy's employees during an activity connected with work, or self-employed people while working on the premises:

- Accidents resulting in death or major injury (including as a result of physical violence).
- Accidents which prevent the injured person from doing their normal work for more than three days (including acts of physical violence).

## REPORTING HEALTH AND SAFETY EXECUTIVE

The Principal and Lead Administration Officer will keep a record of any accident which results in a reportable injury, disease, or dangerous occurrence as defined in the RIDDOR 2013 legislation (regulations 4, 5, 6 and 7).

The Principal and Lead Administration Officer will report these to the HSE as soon as is reasonably practicable and in any event within 10 days of the incident – except where indicated below. Fatal and major injuries and dangerous occurrences will be reported without delay (i.e. by telephone) and followed up in writing within 10 days.

## ACADEMY STAFF: REPORTABLE INJURIES, DISEASES OR DANGEROUS OCCURRENCES

These include:

- Death
- Specified injuries, which are:
  - Fractures, other than to fingers, thumbs and toes
  - Amputations
  - Any injury likely to lead to permanent loss of sight or reduction in sight
  - Any crush injury to the head or torso causing damage to the brain or internal organs
  - Serious burns (including scalding) which:
    - Covers more than 10% of the whole body's total surface area; or
    - Causes significant damage to the eyes, respiratory system or other vital organs
  - Any scalping requiring hospital treatment
  - Any loss of consciousness caused by head injury or asphyxia
  - Any other injury arising from working in an enclosed space which leads to hypothermia or heat-induced illness, or requires resuscitation or admittance to hospital for more than 24 hours
- Work-related injuries that lead to an employee being away from work or unable to perform their normal work duties for more than 7 consecutive days (not including the day of the incident). In this case, the Principal will report these to the HSE as soon as reasonably practicable and in any event within 15 days of the accident
- Occupational diseases where a doctor has made a written diagnosis that the disease is linked to occupational exposure. These include:
  - Carpal tunnel syndrome



- Severe cramp of the hand or forearm
- Occupational dermatitis, e.g. from exposure to strong acids or alkalis, including domestic bleach
- Hand-arm vibration syndrome
- Occupational asthma, e.g. from wood dust
- Tendonitis or tenosynovitis of the hand or forearm
- Any occupational cancer
- Any disease attributed to an occupational exposure to a biological agent
- Near-miss events that do not result in an injury but could have done. Examples of near-miss events relevant to schools include, but are not limited to:
  - The collapse or failure of load-bearing parts of lifts and lifting equipment
  - The accidental release of a biological agent likely to cause severe human illness
  - The accidental release or escape of any substance that may cause a serious injury or damage to health
  - An electrical short circuit or overload causing a fire or explosion

#### STUDENTS AND OTHER PEOPLE WHO ARE NOT AT WORK (E.G. VISITORS): REPORTABLE INJURIES, DISEASES OR DANGEROUS OCCURRENCES

These include:

- Death of a person that arose from, or was in connection with, a work activity\*
- An injury that arose from, or was in connection with, a work activity\* and the person is taken directly from the scene of the accident to hospital for treatment

\*An accident "arises out of" or is "connected with a work activity" if it was caused by:

- A failure in the way a work activity was organised (e.g. inadequate supervision of a field trip)
- The way equipment or substances were used (e.g. lifts, machinery, experiments etc); and/or
- The condition of the premises (e.g. poorly maintained or slippery floors)

Information on how to make a RIDDOR report is available here:

[How to make a RIDDOR report, HSE](http://www.hse.gov.uk/riddor/report.htm)  
<http://www.hse.gov.uk/riddor/report.htm>

#### REPORTING OFSTED AND CHILD PROTECTION AGENCIES (EARLY YEAR ONLY)

The Trust will notify Ofsted of any serious accident, illness or injury to, or death of, a student while in the Academy's care. This will happen as soon as is reasonably practicable, and no later than 14 days after the incident.

The Trust will also notify the appropriate Local Authority Safeguarding Children's Partnership of any serious accident or injury to, or the death of, a student while in the Academy's care.

#### THE ACADEMY'S SINGLE CENTRAL RECORD

The Academy should keep a record of any First Aid treatment given by First Aiders and appointed persons.

This should include:

- The date, time and place of the incident.
- The name (and class) of the injured or ill person.
- Details of the injury/illness and what First Aid was given.
- What happened to the person immediately afterwards (e.g. went home, resumed normal duties, went back to class, went to hospital).
- Name and signature of first aider or person dealing with incident.
- Who notified the parent/carer and whether this was by letter, phone, email or in person.

The nominated person keeps a central record, the information in the record book can:

- Help the Academy identify accident trends and possible areas for improvement in the control of health and safety risks.
- Be used for reference in future First Aid needs assessments.
- Be helpful for insurance and investigative purposes.
- In an emergency, the Principal will have procedures for contacting the student's parent/carer/named contact as soon as possible.
- It is our practice to report all serious or significant incidents including head injuries to the parents/carers by telephoning the parents/carers and sending a head injury letter home with the student, which includes advice on signs and symptoms of a head injury (See appendices).

A reporting format (suggested) can be found in Appendix 1 of this policy.

## ACCIDENT STATISTICS

Accident statistics can indicate the most common injuries, times, locations and activities at a particular site. These can be useful tool in a risk assessment, highlighting areas to concentrate on and tailor first-aid provision to. It is the responsibility of the nominated person in each Academy and the Trust to keep the accident statistics.

## MONITORING ARRANGEMENTS

This policy will be reviewed by the Executive Director for Primary Education annually. At every review, the policy will be approved by the Chief Executive Officer.

## LINKS WITH OTHER POLICIES





This First Aid policy is linked to the:





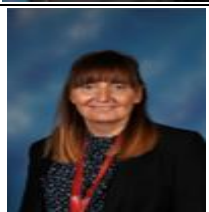
- Health and Safety Policy
- Supporting Students with Medical Conditions Policy.






## First Aid Record Form






[illegible]






## APPENDIX 2 – KEY PEOPLE

| Role                                  | Name  | Working base<br>(eg. Academy office) | Qualification                        | Date of renewal |
|---------------------------------------|---|--------------------------------------|--------------------------------------|-----------------|
| Principal<br><i>Mr L Ransome</i>      |    | Principal's Office                   |                                      |                 |
| Nominated Person<br><i>Mrs K Boyd</i> |    | Personal Office /<br>Science         |                                      |                 |
| First Aider<br><i>Mrs A Lawrence</i>  |   | Main Reception<br>Office             | 1-Day Emergency<br>First Aid at Work | 25/11/2025      |
| First Aider<br><i>Miss A Lindley</i>  |  | Geography                            | 1-Day Emergency<br>First Aid at Work | 25/11/2025      |

|                               |   |                             |                                      |            |
|-------------------------------|---|-----------------------------|--------------------------------------|------------|
| First Aider<br>Miss A Jandu   |    | Maths                       | 1-Day Emergency<br>First Aid at Work | 30/06/2025 |
| First Aider<br>Mrs A O'brien  |    | Drama                       | 1-Day Emergency<br>First Aid at Work | 30/06/2025 |
| First Aider<br>Mr A Hopkin    |    | Personal Office / PE        | 1-Day Emergency<br>First Aid at Work | 30/06/2025 |
| First Aider<br>Mr A Thompson  |   | Football Scholars<br>Office | 1-Day Emergency<br>First Aid at Work | 19/11/2024 |
| First Aider<br>Mrs C Atkinson |  | Cover Supervisors<br>Office | 1-Day Emergency<br>First Aid at Work | 19/11/2024 |





|                                 |   |                             |                                      |            |
|---------------------------------|---|-----------------------------|--------------------------------------|------------|
| First Aider<br>Mrs C Brooke     |    | Main Reception              | 1-Day Emergency<br>First Aid at Work | 25/11/2025 |
| First Aider<br>Mrs C Burrows    |    | PA to SLT Office            | 1-Day Emergency<br>First Aid at Work | 09/05/2025 |
| First Aider<br>Mr E Flowers     |    | Football Scholars<br>Office | 1-Day Emergency<br>First Aid at Work | 25/11/2025 |
| First Aider<br>Mrs E Weatherall |   | Maths                       | 1-Day Emergency<br>First Aid at Work | 18/11/2024 |
| First Aider<br>Mrs E Bramhall   |  | Cover Supervisors<br>Office | 1-Day Emergency<br>First Aid at Work | 30/06/2025 |




|                                 |   |         |                                      |            |
|---------------------------------|---|---------|--------------------------------------|------------|
| First Aider<br>Mrs E Greenfield |    | PE      | 1-Day Emergency<br>First Aid at Work | 19/11/2024 |
| First Aider<br>Mrs E Rutcznska  |    | History | 1-Day Emergency<br>First Aid at Work | 25/11/2025 |
| First Aider<br>Mr F Slack       |    | History | 1-Day Emergency<br>First Aid at Work | 18/11/2024 |
| First Aider<br>Mr I Evans       |   | PE      | 1-Day Emergency<br>First Aid at Work | 30/06/2025 |
| First Aider<br>Ms J Roebuck     |  | APB     | 1-Day Emergency<br>First Aid at Work | 19/11/2024 |


|                              |   |                             |                                      |            |
|------------------------------|---|-----------------------------|--------------------------------------|------------|
| First Aider<br>Mrs J Jones   |    | Cover Supervisors<br>Office | 1-Day Emergency<br>First Aid at Work | 19/11/2024 |
| First Aider<br>Mrs J Frith   |    | Library                     | 1-Day Emergency<br>First Aid at Work | 18/11/2024 |
| First Aider<br>Mrs J Hole    |    | Music                       | 1-Day Emergency<br>First Aid at Work | 24/11/2024 |
| First Aider<br>Mr J Hepworth |   | IT Office                   | 1-Day Emergency<br>First Aid at Work | 30/06/2025 |
| First Aider<br>Mr J Thompson |  | PE                          | 1-Day Emergency<br>First Aid at Work | 19/11/2024 |








|                               |   |            |                                      |            |
|-------------------------------|---|------------|--------------------------------------|------------|
| First Aider<br>Mrs K Houghton |    | PE         | 1-Day Emergency<br>First Aid at Work | 24/11/2024 |
| First Aider<br>Mr K Segust    |    | IT Office  | 1-Day Emergency<br>First Aid at Work | 30/06/2025 |
| First Aider<br>Mrs K Lines    |    | Sixth Form | 1-Day Emergency<br>First Aid at Work | 24/11/2024 |
| First Aider<br>Miss L Coffey  |   | APB        | 1-Day Emergency<br>First Aid at Work | 25/11/2025 |
| First Aider<br>Miss L Hayes   |  | Sixth Form | 1-Day Emergency<br>First Aid at Work | 19/11/2024 |

|                             |   |                                 |                                      |            |
|-----------------------------|---|---------------------------------|--------------------------------------|------------|
| First Aider<br>Mrs L Slasor |    | Personal Office / Sixth<br>Form | 1-Day Emergency<br>First Aid at Work | 25/11/2025 |
| First Aider<br>Mr M Smith   | No photo available  | Football Scholars<br>Office     | 1-Day Emergency<br>First Aid at Work | 25/11/2025 |
| First Aider<br>Mr M Omid    |    | Maths                           | 1-Day Emergency<br>First Aid at Work | 30/06/2025 |
| First Aider<br>Mr N Dale    |   | Maths                           | 1-Day Emergency<br>First Aid at Work | 24/11/2024 |
| First Aider<br>Mr N Handley |  | APB                             | 1-Day Emergency<br>First Aid at Work | 30/06/2025 |

|                               |   |           |                                      |            |
|-------------------------------|---|-----------|--------------------------------------|------------|
| First Aider<br>Mrs N Laite    |    | Library   | 1-Day Emergency<br>First Aid at Work | 24/11/2024 |
| First Aider<br>Mr P Bishop    |    | English   | 1-Day Emergency<br>First Aid at Work | 19/11/2024 |
| First Aider<br>Miss P Hoar    |    | Geography | 1-Day Emergency<br>First Aid at Work | 25/11/2025 |
| First Aider<br>Ms R Stocks    |   | Science   | 1-Day Emergency<br>First Aid at Work | 25/11/2025 |
| First Aider<br>Mrs R Thompson |  | Dance     | 1-Day Emergency<br>First Aid at Work | 24/11/2024 |

|                                 |   |                             |                                      |            |
|---------------------------------|---|-----------------------------|--------------------------------------|------------|
| First Aider<br>Mr R Fox         |    | Science                     | 1-Day Emergency<br>First Aid at Work | 19/11/2024 |
| First Aider<br>Mr R Matthews    |    | Physio Room                 | 1-Day Emergency<br>First Aid at Work | 24/11/2024 |
| First Aider<br>Mr R Burrows     |    | Football Scholars<br>Office | 1-Day Emergency<br>First Aid at Work | 30/06/2025 |
| First Aider<br>Miss A Raithatha |   | History                     | 3-Day First Aid                      | 02/03/2025 |
| First Aider<br>Mrs L Champlin   |  | History                     | 3-Day First Aid                      | 02/03/2025 |

|                            |   |         |                                |            |
|----------------------------|---|---------|--------------------------------|------------|
| First Aider<br>Mr S Wesson |    | PE      | 3-Day First Aid                | 05/05/2025 |
| First Aider<br>Mr D Brown  |    | Science | 3-Day First Aid                | 06/07/2025 |
| First Aider<br>Mr F Avill  |    | Science | 3-Day First Aid                | 20/06/2024 |
| First Aider<br>Mr S Shaw   |   | Science | Outdoor First Aid –<br>Level 6 | 09/06/2024 |
| First Aider<br>Mr J Bale   |  | Science | Outdoor First Aid –<br>Level 6 | 09/06/2024 |

## APPENDIX 3 – SPECIFIC MEDICAL CONDITIONS / TREATMENTS

Some conditions require students/staff to have constant and rapid access to medication. Where this is the case, consideration should be given to the location of the medication and staff awareness of the conditions. Where medication which is needed immediately can safely be carried by the student (for example with asthma) this should be the case.

There are various conditions which may require the administration of First Aid on site – some, such as epilepsy and diabetes require highly personalised approaches and specialised training. These should be accompanied by Care Plans (see separate policy on administering medicines/caring for students with medical needs). Outlined below are the provisions for two most common instances, asthma and anaphylaxis.

### ANAPHYLAXIS - EPIPEN MANAGEMENT AND ADMINISTRATION

Students diagnosed as being at risk of anaphylaxis are prescribed adrenaline in an auto injector which is commonly known as an EpiPen. Adrenaline given through an EpiPen to the outer thigh muscle is the most effective treatment for anaphylaxis, as when injected it rapidly reverses the effects of a severe allergic reaction. It is a single use preloaded automatic injection and is designed to be used as a first aid device by people without formal medical training.

If a student has been prescribed an EpiPen it is necessary that training in its use is a part of professional learning provided each year by a Registered Training Organisation, as a part of development of the Individual Anaphylaxis Management Plan. Records of staff who have received this training are kept at reception or in the Academy office.

If a student has been prescribed an EpiPen, a minimum of two EpiPens must be provided by the student's parents/carers to the Academy. In Primary Academies, one must be kept in the student's classroom (or other accessible place) and one in the Main office. Secondary age students would be expected to carry their own EpiPen with an emergency EpiPen available at Student Reception.

### STORAGE OF EPIPENS

- EpiPens should be stored correctly and accessed quickly.
- EpiPens are stored in an unlocked, easily accessible place away from direct heat they should be available to the adults caring for a student at all times, including on the playground/social areas. They should not be stored in the refrigerator or freezer.
- EpiPens should be clearly labelled with the student's name.
- Each student's EpiPen should be distinguishable from other students EpiPens and medications.
- All staff should know where the EpiPen is located.
- The EpiPen should be signed in and out when taken from its usual place, such as for camps or excursions.
- Depending upon the speed of past reactions it may be appropriate to have the EpiPen in class or in a bag for outside use. In these cases, it should be in a labelled bag and carried by a member of staff who is responsible for monitoring that student.
- It is important that trainer EpiPens (which do not contain adrenaline) are kept in a separate location from students' EpiPens.

EpiPens should not be cloudy or out of date. They should last at least 12 months from time of purchase from a Pharmacy and have an expiry date printed on them. It is the parent/carer's responsibility to supply the student's EpiPen to the Academy and to replace it before it expires. It is recommended that a designated staff member, such as the Senior First Aider, should regularly check the EpiPen at the beginning or end of each term. At least a month before its expiry date, the designated staff member should send a written reminder to the parents/carers to replace the EpiPen. Adopting the practice of returning the EpiPen to the family at the end of each term is suggested. Return or replacement of the EpiPen should take place when the student recommences school in the new term.

Administration of EpiPen is quite safe: If a person is suspected of having a severe allergic reaction, it may be more harmful not to give it than to use it when it may not have been needed. EpiPen should be administered if there is difficulty in breathing and an ambulance should be called.

If the ambulance has not arrived and the patient has not recovered a second dose should be administered within 10 minutes.

*"If in doubt, give the EpiPen"* (from the ASCIA Action Plan for Anaphylaxis)

For additional information about the use of EpiPens refer to the Anaphylaxis Society UK.

## ASTHMA MANAGEMENT AND INHALER ADMINISTRATION

All staff receive asthma training as part of their basic First Aid training.

Asthma is the most common chronic condition affecting one in eleven children. On average there are two children with asthma in every classroom in the UK and it accounts for over 25,000 emergency hospital admissions for asthma amongst children a year in the UK. Asthma is a serious and potentially life-threatening respiratory condition which must be treated promptly and appropriately.

Students diagnosed with asthma will be prescribed a 'reliever' blue inhaler by their GP (commonly Salbutamol, trade name is Ventolin) for use during an asthma attack or exacerbation of their symptoms (occasionally they may be advised to take further doses of their 'preventer' inhaler in addition to the reliever if severe, however this is specific to individuals). If a student has been diagnosed with asthma and prescribed an inhaler their parents/carers must ensure that:

The necessary medical documentation for the Academy is completed in full and signed by a parent/carer; this includes an Education Health Care Plan, parental Agreement for the Academy to administer medicine and request for student to carry his/her own medication – all of these are included in the administration of medicines point.

- Inhalers must be clearly labelled to avoid cross-infection – however in an emergency they are all one dosage.
- FS/KS1 – The teacher keeps the inhalers in the classroom. They must be available to the student at all times.
- KS2/3/4/5 - The student carries a reliever inhaler on their person at all times, including on the sports pitch.

- The Academy is supplied with a spare boxed reliever inhaler prescribed for that student (and a preventer inhaler should this be included in their asthma treatment plan). The box is important as it shows the expiry date of the inhaler.
- The spare inhaler/s will be stored securely in the medical area, in a clearly labelled box with their name, locked in a secure medical cabinet.
- A list of key holders to this medical cabinet is clearly displayed on the door of the cabinet.
- A record of expiry dates of all medications held in the medical room is kept by the Academy and parents/carers will be reminded in advance of any medication that is due to expire and needs replacing.
- It is the responsibility of the parents/carers to ensure that the inhaler carried by the student is in date and has sufficient supply.

An asthma attack can be recognised from one or more of the following symptoms:

- Persistent cough (when at rest)
- A wheezing sound coming from the chest (when at rest)
- Difficulty in breathing (the student could be breathing fast and with effort, using all accessory muscles in the upper body)
- Nasal flaring
- Unable to talk or speak in complete sentences. Some children will become very quiet.
- They may try to tell you that their chest 'feels tight' (younger children may express this as tummy ache).

**CALL 999 IMMEDIATELY AND COMMENCE THE ASTHMA ATTACK PROCEDURE WITHOUT DELAY IF THE STUDENT:**

- Appears exhausted
- Has a blue/white tinge around their lips
- Is going blue
- Has collapsed.

**IN THE EVENT OF AN ASTHMA ATTACK DURING ACADEMY HOURS THE FOLLOWING GUIDELINES SHOULD BE FOLLOWED:**






- Encourage the student to sit up and slightly forward.
- Use the student's inhaler that they carry on them – if it is not available, use their own named spare inhaler kept in the Medical room.
- Remain with the student at all times and send another person to fetch the inhaler from the Medical room if necessary (ensure that the Medicine Administration Form is completed).
- Ensure that the spacer device is used with the inhaler if one has been supplied by the parents/carers (not all children will use one).
- Assist the student to take two separate puffs of their reliever inhaler (via the spacer if applicable).
- If there is no immediate improvement/relief, continue to give two puffs at a time every two minutes, up to a maximum of ten puffs.
- Remain calm, reassure the student and stay with them until they feel better. Once better they can return to normal activities.
- If the student does not feel better, symptoms have not eased or you are concerned at ANYTIME before you have administered ten puffs, ask another member of staff to CALL 999 FOR AN AMBULANCE, ensuring you give accurate details of the student's condition to the emergency services.













- If an ambulance does not arrive in ten minutes, give another ten puffs in the same way as detailed above. Inform parents/carers.







*Guidance taken from Department of Health: Guidance on the use of emergency salbutamol inhalers in schools, September 2014*

## APPENDIX 4 – FIRST AID KIT LOCATION

| Location – e.g. Medical cupboard in Academy office | Photo of storage area  | Designated First Aid area? At what time (e.g. lunchtime)? |
|--|--|---|
| Art Workroom                                       |    | Access throughout the day                                 |
| Science  |    | Access throughout the day                                 |
| PE   |    | Access throughout the day                                 |
| Science Technicians Workroom                       |   | Access throughout the day                                 |
| Science Technicians Prep Room                      |  | Access throughout the day                                 |

|                      |   |                           |
|----------------------|---|---------------------------|
| PYL Office           |   | Access throughout the day |
| Sixth Form Office    |   | Access throughout the day |
| Maths Workroom       |   | Access throughout the day |
| Music Workroom       |   | Access throughout the day |
| Dance/Drama Workroom |  | Access throughout the day |

|                     |  |                           |
|---------------------|--|---------------------------|
| MFL Workroom        |    | Access throughout the day |
| DSA                 |    | Access throughout the day |
| Technology Workroom |    | Access throughout the day |
| Library             |   | Access throughout the day |
| PSH/LDA Workroom    |  | Access throughout the day |

|                                  |  |                           |
|----------------------------------|--|---------------------------|
| Academy Main Office              |    | Access all day            |
| Medical Room                     |    | Access all day            |
| Academy Main Office – Trips Kits |    |                           |
| Academy Main Office – Lock Box   |   |                           |
| APB                              |  | Access throughout the day |
| Caretakers Office                |  | Access throughout the day |

## APPENDIX 5 – USEFUL PUBLICATIONS

|  |   |   |
|--|---|---|
| <p><b>Department for Education &amp; Employment (DfEE)</b></p> <p>Circular 3/94 - The Development of Special Schools</p> <p>Circular 10/96 - The 1996 School Premises Regulations</p> <p>Circular 14/96 - Supporting Students with Medical Needs in School*</p> <p>Supporting Students with Medical Needs - Good Practice Guide*</p> <p>HIV and AIDS: A Guide for the Education Service</p> <p>School Governors - A Guide to the Law<br/>All these publications are available free of charge from:</p> <p>DfEE Publications Centre<br/>PO Box 5050<br/>Sudbury<br/>Suffolk CO10 6ZQ<br/>Tel: 0845 6022260<br/>Fax: 0845 6033360<br/>* Joint publication with the Department of Health.</p> | <p>First Aid at work - The Health and Safety (First Aid) Regulations 1981 - Approved Code of Practice and Guidance (1997) L74 ISBN 0 7176 1050 0 £6.75</p> <p>5 steps to successful health and safety management:<br/>special help for directors and managers<br/>IND(G)132L - free leaflet</p> <p>5 steps to risk assessment: A step by step guide to a safer and healthier workplace 1994<br/>IND(G)163L - free leaflet or available in priced packs<br/>ISBN 0 7176 0904 9</p> <p>A guide to risk assessment requirements: common provisions in health and safety law (1996)<br/>IND(G)218 - free leaflet or available in priced packs<br/>ISBN 0 7176 1211 2</p> <p>Everyone's guide to RIDDOR '95 (1996)<br/>HSE31 - free leaflet or available in priced packs<br/>ISBN 0 7176 1077 2</p> <p>Reporting school accidents (1997)<br/>EDIS 1 - free information sheet<br/>Workplace Health, Safety &amp; Welfare Regulations 1992 (1995)<br/>IACL97 - free leaflet or available in priced packs<br/>ISBN 0 7176 1049 7</p> <p>Workplace health, safety and welfare - a short guide (1995)<br/>- free leaflet or available in priced packs<br/>ISBN 0 7176 0890 5</p> <p>Essentials of health &amp; safety at work (1994)<br/>ISBN 0 7176 0716 X £5.95</p> | <p>Signpost to safety signs regulations (1996)<br/>IND(G)184 - free leaflet or available in priced packs<br/>ISBN 0 7176 1139 6</p> <p>List of current health &amp; safety legislation 1996:<br/>Book and disk<br/>ISBN 0 7176 1311 9 £11.95</p> <p><b>HSE priced and free publications are available from:</b></p> <p>HSE Books<br/>PO Box 1999<br/>Sudbury<br/>Suffolk CO10 6FS<br/><b>Tel: 01787 881165</b><br/><b>Fax: 01787 313995</b><br/>HSE priced publications are also available from good booksellers.</p> <p><b>Department of Health (DH)</b></p> <p>Child Health in the Community: A Guide to Good Practice<br/>Developing Emergency Services in the Community: The Final Report<br/>EL(96)28 LAC(96)10 - Children's Services Planning: Guidance</p> <p><b>These publications are available free of charge from:</b></p> <p>Department of Health<br/>PO Box 410<br/>Wetherby<br/>LS23 7LL<br/><b>Fax: 01937 845381</b></p> |
| <p><b>Health &amp; Safety Commission (HSC)/Executive (HSE)</b></p> <p>Basic advice on First Aid at work (1997)<br/>IND(G)215L - free leaflet or available in priced packs<br/>ISBN 0 7176 1070 5</p> <p>First Aid at work - your questions answered (1997)<br/>IND(G)214L - free leaflet or available in priced packs<br/>ISBN 0 7176 1074 8</p> <p>First Aid training and qualifications for the purposes of the Health and Safety (First Aid) Regulations 1981 (1997)<br/>ISBN 0 7176 1347 X £8.50</p>   |   |   |

# APPENDIX 6A – FIRST AID KIT STOCKLIST / STOCKCHECK – ACADEMY KIT

| Date Checked   |                 | Kit location   |          | Checked by                  |  |
|--|-----------------|----------------|----------|-----------------------------|--|
| Stocklist  | Missing (Cross) | Present (Tick) | Exp date | Comment (e.g. reorder date) |  |
| A leaflet giving general advice on First Aid (see list of publications in Appendix7 of First Aid policy) |                 |                |          |                             |  |
| 20 (min) individually wrapped sterile adhesive dressings (assorted sizes)                                |                 |                |          |                             |  |
| Two (min) sterile eye pads   |                 |                |          |                             |  |
| Four (min) individually wrapped triangular bandages (preferably sterile)                                 |                 |                |          |                             |  |
| Six (Min) safety pins  |                 |                |          |                             |  |
| Six medium size (approx. 12cm x 12cm) individually wrapped sterile medicated wound dressings             |                 |                |          |                             |  |
| Two (min) large (approx. 18cm x 18cm) sterile individually wrapped undedicated wound dressings           |                 |                |          |                             |  |
| Disposable gloves.   |                 |                |          |                             |  |

# APPENDIX 6B – FIRST AID KIT STOCKLIST / STOCKCHECK – TRAVEL KIT

| Date Checked   |                                | Kit number |                             | Checked by |  |
|--|--------------------------------|------------|-----------------------------|------------|--|
| Stocklist  | Missing (Cross) Present (Tick) | Exp date   | Comment (e.g. reorder date) |            |  |
| A leaflet giving general advice on First Aid (see list of publications in Appendix7 of First Aid policy) |                                |            |                             |            |  |
| Six individually wrapped sterile adhesive dressing   |                                |            |                             |            |  |
| One large sterile un-medicated wound dressing –approx. 18cm x 18cm                                       |                                |            |                             |            |  |
| Two triangular bandages  |                                |            |                             |            |  |
| Two safety pins  |                                |            |                             |            |  |
| Individually wrapped moist cleansing wipes   |                                |            |                             |            |  |
| One pair of disposable gloves  |                                |            |                             |            |  |



## APPENDIX 7 – BUMP NOTE

Dear Parent/Carer

Your child .....has had an accident today/bump on the head  
today,..... at.....am/pm.

It was not serious enough to notify you at the time but with every injury which requires First Aid/head injury we now send out this note.

### **For Your Information: Head Injuries to Children**

Dr Ian Adams, Consultant Physician, Accident and Emergency Department, St. James's Hospital, Leeds has provided the following guidance notes for when a young person has a bump on the head.

If a young person has been unconscious, he or she **must** attend an Accident and Emergency Department.

Young people with apparently minor injuries should be watched carefully for 24 hours. They can be allowed to go to sleep but in the first 2 hours after the injury the young person should be roused every 30 minutes.

After this time check every 3 to 4 hours including through the night. Parents/carers should check the young person when they go to bed, again at about 3.00am and again when they get up in the morning. The young person should merely be roused so as to open their eyes and move their arms and legs.

Young people should be seen at Hospital if they:

- have a fit, or
- become difficult to rouse, or
- repeatedly vomit, or
- complain of increasing headache, or
- have weakness in an arm or leg.

Below are details of accident:

.....

.....