Wath Sixth Form Subject Preparation Pack

BTEC LEVEL 3 HEALTH AND SOCIAL CARE

<table>
<thead>
<tr>
<th>World-class learning</th>
<th>The highest expectations</th>
<th>No excuses</th>
<th>Growth mindset</th>
<th>Never give up</th>
<th>Everyone is valued</th>
</tr>
</thead>
<tbody>
<tr>
<td>World-class learning every lesson, every day</td>
<td>Everyone can be successful; always set and expects the highest standards</td>
<td>Create solutions not excuses; make positive thinking a habit</td>
<td>Believe you can improve; work hard and value feedback</td>
<td>Resilience is essential; be relentless in the pursuit of excellence</td>
<td>Diversity is celebrated; see the best in everyone</td>
</tr>
</tbody>
</table>
What is BTEC Level 3 Health and Social Care?
Studying Health and Social Care provides an introduction to the sector. The health and social care sector comprises two sub sectors; health care and social care. Examples from health care include all hospital activities, medical nursing homes and GP services. Examples from the social care sector include residential nursing care, residential nursing facilities, residential care facilities, domiciliary care and social work.

Pearson BTEC Level 3 National Extended Certificate in Health and Social Care is the equivalent in size to 1 A Level. This is a great choice if you would like to study other subjects alongside Health and Social Care.

Pearson BTEC Level 3 National Diploma in Health and Social Care is the equivalent in size to 2 A Levels. This is a great choice if you are intending to go on to a degree in the health and social care sector. As part of this qualification you will study contemporary issues in health and social care. Through this, you will develop higher-order skills of secondary research, evaluation and analysis.

Why should I study BTEC Level 3 Health and Social Care?
This qualification enables students to progress into work in the sector through degree programmes in areas such as nursing, midwifery, social work, physiotherapy, occupational therapy and pharmacy.

There are more than 300 distinct career paths in this sector.

The Health and Social Care sector is a major employer, employing almost four million people across the UK.

Skills gained include:
Problem solving
Communication
Independent learning/working
Team working
Ethics
Valuing and respecting other people’s opinions
Research, analysis and evaluation
IT
What careers could BTEC Level 3 Health and Social Care lead to?

These are some careers to explore further. This list is not exhaustive.

- Nurse
- Midwife
- Operating Department Practitioner
- Social Worker
- Support Worker
- Play Therapist
- Counsellor
- Health Service Manager
- Dental Hygienist
- Youth Worker
- Occupational Therapist
- Prosthetist

**What will I study?**

At Wath Academy, you can choose to study either the National Extended Certificate or the National Diploma.

<table>
<thead>
<tr>
<th>National Extended Certificate</th>
<th>National Diploma</th>
</tr>
</thead>
<tbody>
<tr>
<td>360 Guided Learning Hours</td>
<td>720 Guided Learning Hours</td>
</tr>
<tr>
<td>x6 LESSONS PER WEEK</td>
<td>x12 Lessons per week</td>
</tr>
<tr>
<td>1 A Level equivalent</td>
<td>2 A Levels equivalent</td>
</tr>
</tbody>
</table>

**YEAR 12**

<table>
<thead>
<tr>
<th>WRITTEN EXAM</th>
<th>UNIT 1</th>
<th>Human Lifespan Development</th>
<th>UNIT 1</th>
<th>Human Lifespan Development</th>
</tr>
</thead>
<tbody>
<tr>
<td>COURSEWORK</td>
<td>UNIT 5</td>
<td>Meeting Individual Needs</td>
<td>UNIT 5</td>
<td>Meeting Individual Needs</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>UNIT 7</td>
<td>Safe Practice in Health and Social Care</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>UNIT 8</td>
<td>Promoting Public Health</td>
</tr>
</tbody>
</table>

**YEAR 13**

<table>
<thead>
<tr>
<th>WRITTEN EXAM</th>
<th>UNIT 2</th>
<th>Working in Health and Social Care</th>
<th>UNIT 2</th>
<th>Working in Health and Social Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>COURSEWORK</td>
<td>UNIT 14</td>
<td>Physiological disorders and their care</td>
<td>UNIT 14</td>
<td>Physiological disorders and their care</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>UNIT 12</td>
<td>Supporting Individuals with additional needs</td>
</tr>
</tbody>
</table>

**SET TASK**

CONTROLLED CONDITIONS

<table>
<thead>
<tr>
<th>UNIT 4</th>
<th>Enquiries into Current Research in Health and Social Care</th>
</tr>
</thead>
</table>
How will I be assessed?

### Externally-assessed units

<table>
<thead>
<tr>
<th>YEAR 12</th>
<th>Unit 1</th>
<th>Human Lifespan Development</th>
<th>1.5 hour examination with a mix of short and long answer questions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Written</td>
<td>Written exam</td>
<td>Learners will be assessed on their understanding of growth and development through the human lifespan, the factors that affect growth and development and the effects of ageing.</td>
<td>Frequency: Twice yearly</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>YEAR 13</th>
<th>Unit 2</th>
<th>Working in Health and Social Care</th>
<th>1.5 hour examination with a mix of short and long answer questions.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Written</td>
<td>Written exam</td>
<td>The paper consists of four sections and each is based on a different scenario explaining the situation of a person with health and social care needs.</td>
<td>Frequency: Twice yearly</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>YEAR 13</th>
<th>Unit 4</th>
<th>Enquiries into Current Research in Health and Social Care</th>
<th>8-10 hours supervised research time</th>
</tr>
</thead>
<tbody>
<tr>
<td>National Diploma only</td>
<td>Set task: Controlled conditions</td>
<td>A task assessed under supervised conditions. Learners receive a choice of two articles to research six weeks prior to the assessment period.</td>
<td>6 hours supervised prep time</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>3 hours of supervised assessment time.</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Frequency: Twice yearly</td>
</tr>
</tbody>
</table>

### Final qualification grades:

- **National Extended Certificate**: Pass to Distinction*
- **National Diploma**: PP to D*D*

Each unit will be graded as either: Pass (P) Merit (M) or Distinction (D)

<table>
<thead>
<tr>
<th>National Extended Certificate</th>
<th>National Diploma</th>
</tr>
</thead>
<tbody>
<tr>
<td>360 GLH</td>
<td>720 GLH</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Grade</th>
<th>Points threshold</th>
<th>Grade</th>
<th>Points threshold</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pass</td>
<td>36</td>
<td>PP</td>
<td>72</td>
</tr>
<tr>
<td>Merit</td>
<td>52</td>
<td>MP</td>
<td>88</td>
</tr>
<tr>
<td>Distinction</td>
<td>74</td>
<td>MM</td>
<td>104</td>
</tr>
<tr>
<td>Distinction*</td>
<td>90</td>
<td>DM</td>
<td>124</td>
</tr>
<tr>
<td></td>
<td></td>
<td>DD</td>
<td>144</td>
</tr>
<tr>
<td></td>
<td></td>
<td>D*D</td>
<td>162</td>
</tr>
<tr>
<td></td>
<td></td>
<td>D<em>D</em></td>
<td>180</td>
</tr>
</tbody>
</table>

### BTEC and A Level UCAS points

Please use the link below to explore the UCAS tariff points awarded for BTEC Level 3 Nationals.

Recommended resources

The following books will support you throughout the course. It is recommended that you purchase at least one of the resources below to support your progress with coursework, revision and/or additional reading at home.

**Text books**

Pearson BTEC Nationals Health and Social Care: Student Book 1 and Book 2

Links to specific websites

You are encouraged to visit these websites to explore Health and Social care related topics.

Health Careers [https://www.healthcareers.nhs.uk/](https://www.healthcareers.nhs.uk/)
StepintotheNHS [https://www.stepintothenhs.nhs.uk/](https://www.stepintothenhs.nhs.uk/)
NHS [https://www.nhs.uk/](https://www.nhs.uk/)
Diabetes UK [https://www.diabetes.org.uk/](https://www.diabetes.org.uk/)
Cancer Research UK [https://www.cancerresearchuk.org/](https://www.cancerresearchuk.org/)
British Heart Foundation [https://www.bhf.org.uk/](https://www.bhf.org.uk/)
Social care institute for excellence [https://www.scie.org.uk/](https://www.scie.org.uk/)

Please become familiar with this website. You will be able to look at the course specification and other course materials e.g. past papers and mark schemes.

**BTEC Nationals: Health and Social Care (2016)**

Reading

**Health and Social Care: Professional standards**

Please explore the standards that health professionals have to follow and upload in their day to day work.


BASW The professional association for social work and social workers: [https://www.basw.co.uk/resources/become-social-worker](https://www.basw.co.uk/resources/become-social-worker)


Theories

These links are useful as an introduction to some of the key theorists you will study for the **Unit 1: Human Lifespan Development exam** in Year 12.

Jean Piaget's Theory of Cognitive Development: [https://www.simplypsychology.org/piaget.html](https://www.simplypsychology.org/piaget.html)

Bobo Doll Experiment [https://www.simplypsychology.org/bobo-doll.html](https://www.simplypsychology.org/bobo-doll.html)

Maturation Theory (Gesell) [https://www.tutor2u.net/hsc/topics/gesells-maturation-theory](https://www.tutor2u.net/hsc/topics/gesells-maturation-theory)

Attachment Theory [https://www.simplypsychology.org/attachment.html](https://www.simplypsychology.org/attachment.html)
Equipment required

You will need to purchase the following equipment to ensure your work is organised and presented well:

1. At least one lever arch folder
2. Folder dividers
3. Black, blue and purple biro
4. A ruler
5. Plastic wallets (preferable)
6. Self-adhesive labels (optional)
7. Lined paper
8. Revision cards

Meet the Health and Social Care team

<table>
<thead>
<tr>
<th>Miss Waddington</th>
<th>Mrs Gillatt</th>
<th>Mrs Eyre</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image1.jpg" alt="Miss Waddington" /></td>
<td><img src="image2.jpg" alt="Mrs Gillatt" /></td>
<td><img src="image3.jpg" alt="Mrs Eyre" /></td>
</tr>
</tbody>
</table>

To follow.... 😊

There may be more Health and Social Care teachers joining the team in September.

The Health and Social Care department is part of the Religion and Social Sciences (RSS) Faculty.

Follow us on twitter: @Wath_RSS

https://twitter.com/Wath_RSS
Preparation tasks

**Aim:** The aim of these tasks is to provide an insight into some of the units you will be covering before you join us in September.

By completing the tasks below, you will consolidate or develop knowledge of important content which will inevitably aid your understanding of the course over the next term.

Please enjoy completing these tasks.

**TASK ONE**

*National Extended Certificate & National Diploma*

**EXTERNAL EXAM: Unit 1 Human Lifespan Development**

### Nature vs Nurture

In each of the areas below, write down the characteristics that you consider you have **inherited (nature)** e.g. eye colour and the characteristics you consider you have **learnt (nurture)** e.g. manners.

In the **centre area**, place those characteristics that you think are a **mix of the two**.

![SPOT THE TRAITS](image_url)

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Curly hair</td>
</tr>
<tr>
<td>2</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td></td>
</tr>
<tr>
<td>5</td>
<td></td>
</tr>
<tr>
<td>6</td>
<td></td>
</tr>
<tr>
<td>7</td>
<td></td>
</tr>
<tr>
<td>8</td>
<td></td>
</tr>
<tr>
<td>9</td>
<td></td>
</tr>
<tr>
<td>10</td>
<td></td>
</tr>
</tbody>
</table>
TASK TWO

National Extended Certificate & National Diploma

EXTERNAL EXAM: Unit 1 Human Lifespan Development

Learning Aim B: Factors affecting human growth and development
Environmental factors that affect development (e.g. poor housing conditions)

Read the case studies in this booklet:

Case Study 1: Page 18 Tanya’s story
Case Study 2: Page 25 Ben’s story

MIND MAP: Using the space below, create a mind map to identify how poor housing affects Tanya and Ben.
Example past paper question

Tanya and Ben live in poor housing.

To what extent could poor housing influence health and wellbeing?

Using your ideas, write a response to this question.

The mould and damp found in poor housing could have a significant influence on wellbeing because........
Read and make notes:


The 6Cs are a set of values that underpin health and care practice

<table>
<thead>
<tr>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
</tr>
</thead>
</table>

Answer the following questions:

1. Why were the 6Cs introduced?

2. Why are the 6Cs important?

3. Explain the importance of all NHS staff upholding these values.

4. Design a 6Cs factsheet to display in the Health and Social Care classroom.
TASK FOUR

National Diploma

Coursework: Unit 7 Safe Practice in Health and Social Care

Safeguarding

Explore the NSPCC website to answer the question in the box below.


Case Study: Daniel Pelka

Read the timeline on pages 2-5


1. **What actions did the school take to protect Daniel?**

2. **How and when could professionals have worked together better?**

3. **Could Daniel’s death have been prevented?**