



# PHYSICAL EDUCATION

## Curriculum Intent



Our curriculum strives to deliver a **world class learning experience**. It will develop a **love for physical activity** and equips our students with the **skills to be able, active and qualified**, so they can be **healthy** for the rest of their lives.

### Curriculum Principles

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#### Develop Character

We want to develop sportsmen and women with **character**. Our students will become **good team workers**, who possess **leadership skills** and improve their **confidence** and **resilience** through sport. We will be successful when students leave with a **can do attitude**, seeing a problem as a challenge ready to be solved.

#### Develop Creativity

Students will learn how to be **creative** and develop a range of **problem solving skills**. They will learn to create new **tactics** to outwit opponents and develop **choreography** skills to design exciting sequences. Students will be able to **evaluate** these ideas and suggest ways they could **improve even further**.

#### Develop Performance

We believe that the **Physical** in Physical Education is vital. Students will develop **advanced practical skills** across a range of activities, both within the curriculum and in a wide ranging programme of **extra-curricular clubs**, including an extensive fixture list across a range of sports.

#### Develop Healthy Lifestyles

Giving students the skills and knowledge to be **life long active** is a top priority. Students will cover **fitness and training** in every year. Students will develop their hands on knowledge of **fitness, training and testing** so they can design their **own training programmes** and make links with the **local community** so students know how to access physical activity when they leave.

#### Broad, Balanced and Diverse

Our **broad and balanced** curriculum enables every student to find their '**best fit**' sport or physical activity. Students **repeat and refine** new and existing skills to become **fully physical literate**. As students move into KS4 an element of choice is developed as students follow their **own sporting pathways**.

#### Prepare Students for the work place

Our examination courses are designed to develop a student's **independence, research gathering skills, ability to work to deadlines** and gain a real grounding in the **theory behind sport**. Without realising it students in year 7 start developing practically the skills they need at **GCSE and A level PE**. This will help our students become **the next leaders in education, sport and industry**.