



# Physical Education Curriculum Intent



strives to deliver a **world class learning experience**. It will develop a **love for physical activity** and equips our students with the **skills to be able, active and qualified**, so they can be **healthy** for the rest of their lives.

## Curriculum Principles

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### Develop Character

We want to develop sportsmen and women with **character**. Our students will become **great team workers**, who possess **leadership skills** and improve their **confidence** and **resilience** through sport. We will be successful when students leave with a **can do attitude**, seeing a problem as a challenge ready to be solved.

### Develop Creativity

Students will learn how to be **creative** and develop a range of **problem solving skills**. They will learn to create new **tactics** to outwit opponents and develop **choreography** skills to design exciting sequences. Students will be able to **evaluate** these ideas and suggest ways they could **improve even further**.

### Develop Performance

We believe that the **Physical** in Physical Education is vital. Students will develop **advanced practical skills** across a range of activities, both within the curriculum and in a wide ranging programme of **enrichment activities**, including an extensive fixture list across a range of sports.

### Develop Healthy Lifestyles

Giving students the skills and knowledge to be **life long active** is a top priority. Students will cover **fitness and training** in every year. Students will develop their hands on knowledge of **fitness, training and testing** so they can design their **own training programmes** and make links with the **local community** so students know how to access physical activity when they leave.

### Create Sporting Memories for Life

Through a diverse **enrichment programme** of recreational and competitive fixtures students will build **sporting memories for life**. These include playing against some of the best Private schools in the country. In addition a range of **inspirational sporting trips** will be available to all, including visits to Wimbledon, Premiership Football and Rugby and Netball Super League games.

### Have fun and develop a love for Physical Education

We believe that Physical Education can offer students something **no other department** can in a school. **Fun and enjoyment** in learning how to push your physical boundaries and experiencing sports and activities that you did not even realise you could excel in, while putting a smile on faces. We do this through a **well planned modern curriculum, extensive out of hours offer, numerous sports teams** and **experiences** watching top level sport.