



# Life Skills Curriculum Intent



Our curriculum is built on three core themes; *Relationships, Health & Wellbeing, and Living in the Wider World*. Within each theme students will develop the **knowledge and understanding** of key concepts to enable them to flourish in the real world. Students will be equipped with the language needed to question and debate in order to **positively challenge** inequality and present an informed viewpoint. Students will be guided to **reflect** on their position and status in society whilst appreciating others. Misconceptions and stigmas will be challenged through thoughtful discussion. Students will also increase their participation in bringing about **positive change** within the school and wider community.

Curriculum Principles	Curriculum Intent
Develop Knowledge and Understanding	Students will develop a sound knowledge and understanding of key issues that may impact on their life now and into adulthood. Through this we aim for students to become confident in discussing such issues and seeking support where necessary.
Positively Challenge	Through Life Skills, students are encouraged to discuss sensitive societal issues, and challenge discriminative actions and injustice. Students will develop the appropriate language to challenge and bring about positive change
Self-Reflection	Many issues covered in Life Skills will impact directly on our students, for example developing positive relationships. Throughout the Life Skills programme, students are encouraged to reflect on their actions as individuals and the impact it can have on other individuals and wider society. Equally, students are empowered to seek support if they are affected by any issues raised.
Positive Change	We aim for our students to see how they can influence change. This can be changes at home, school or the wider community. Students are challenged in their day-to-day actions to reflect what can change for the better and to consider the way they speak to others and the impact their language may have. Students are challenged to develop their character in order to improve their lives.